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GENERAL INFORMATION

REGISTRATION

PRE-REGISTRATION & NON-REFUNDABLE DEPOSIT

Pre-registration is required for every camp session.

- Go to www.gsewni.org and choose the session you want.
 - A \$5 (day camp) or \$5 (resident camp) non-refundable deposit per session is required at the time of registration.
 - All camp fees must be paid in full **2 weeks before** the start of the camp session.
 - Camper registration may be cancelled if full payment is not received by due date.
- You will receive a confirmation email with IMPORTANT INFORMATION after you register. If you do not receive a confirmation email, contact customercare@gsewni.org.
- Camp fees can be paid with Cookie Dough, cash, money order, Visa, MasterCard or check made payable to GSEWNI. Cookie Dough payments must be made in person at the council office or over the phone at (509) 747-8091 ext. 200.

FINANCIAL ASSISTANCE

Girl Scouts strives to make camp available to all Girl Scouts, regardless of a family's economic situation. To encourage participation, our council has allocated funds to help those in need of financial assistance. Financial Assistance is carefully considered and the amounts offered are based on available funds and need, not merit. These funds are meant to be supplementary and the family/troop/service unit is expected to pay as much as it can towards the program, including the use of Cookie Dough.

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Applying for assistance does not ensure placement or approval.

Financial Assistance is reviewed when the following conditions are met:

1. The child is registered for a camp program
2. Be a currently registered Girl Scout
3. *Check that all outstanding debts have been paid to council*
4. Apply for financial assistance at **least 4 weeks** before the start of the session

The Girl Scout Financial Assistance application is available online at

<https://gsewni.wufoo.com/forms/zt1fy1i0ggwah8/>.

If you would like to make a donation to help send a child to camp, please contact our office. GSEWNI is a non-profit organization and your donation qualifies for tax a deduction, but more importantly, you would be making a difference in a young child's life.

CANCELLATIONS & REFUNDS

- A full refund is given if a camper cannot be placed in a program or if it is necessary for the council to cancel the program.
- A full refund, minus the non-refundable deposit, will be given if the request is made in writing at least two weeks prior to the start of the selected session, or if the cancellation is due to illness or injury and a physician's note is provided.
- No refunds will be made for campers who arrive late, leave early, attend only part of the program, fail to show up, or for those who are asked to leave because of behavior issues.
- Refund requests must be submitted in writing to customercare@gsewni.org.

HEALTH & SAFETY AT CAMP

Our camps follow standards set forth by Girl Scouts of the USA and the American Camp Association. A qualified health supervisor is on duty at all times to supervise the distribution of medications and oversee the health and wellness of campers and staff. All camp staff are First Aid and CPR-certified and trained to respond to minor scrapes, bumps and bruises.

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HEALTH CHECK/LICE POLICY

Upon arrival, all campers receive a health screening by trained staff. Any camper with a temperature over 98.7°F, who has evidence of COVID related symptoms, evidence of nits or lice, or who is otherwise ill will be sent home. After a minimum of 24 hours, if there is no longer evidence of head lice or nits, the camper may return to camp with approval from the Camp Director. Please see COVID Policy regarding COVID-related symptoms.

ALLERGIES

Through information provided by you on your camper's Health History Form, we attempt to identify and reduce the use of ingredients that may cause allergic reactions for those with food allergies. Please describe in detail on this form any allergies to medications, food, environment, etc., including a description of severity, typical reaction, preferred response, and whether the allergy is airborne, ingested, or through direct contact. If your child has special dietary needs, please let us know **at time of registration**.

Campers with life-threatening health concerns or allergies must submit an Emergency Action Plan (available from school district or physician) at least two weeks prior to attending camp.

*Note: There is **always a risk** of contamination, despite care on our part. Girl Scouts of Eastern Washington and Northern Idaho does not assume any liability for adverse reactions to foods or items a camper may encounter during their stay at camp.*

MEDICATION

On the Health History Form, the medication section must be filled out if medications are required. **DO NOT** pack any medications in your camper's bags, including epi-pens, prescriptions, inhalers or over-the-counter medication/vitamins. All medications are required to be turned over to the health supervisor when your camper arrives. We will only accept physician-prescribed and/or over-the-counter medications to be dispensed at camp

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in their original containers with the camper's name on them. Expired medications will not be accepted.

ILLNESSES & INJURIES

We want to partner with you for the health and safety of your camper. You will be contacted should your camper experience any of the following health concerns.

- Fever over 99° F
- COVID-related symptoms
- An injury that requires medical care outside of camp
- An injury or illness occurring on an out-of-camp trip
- An injury or illness that might exacerbate an existing condition
- Frequent bedwetting
- Any illness that lasts more than 24 hours or prevents your camper from rejoining the group within 24 hours
- Persistent vomiting or diarrhea
- Any previous request by you

Should a camper become ill or injured at camp, the staff will administer first aid and follow written procedures. This may include a visit to a local doctor's office or urgent care (limited medical and accident insurance is included in the camp fee for injuries or illnesses contracted only while at camp). If a camper's illness or injury is severe, emergency care will be performed at the scene and the camper will be transported to the hospital emergency room. Parents/guardians will be notified, but in life-threatening situations, treatment may begin before notification. If a camper requires a long rest period for recovery or cannot remain at camp, they will be sent home and the camp fee may be prorated.

SPECIAL NEEDS

If your child has special needs, (including but not limited to: diabetes, severe asthma, seizures, serious behavioral issues or severe allergies) you must contact the Camp Director at time of registration – customercare@gsewni.org.

On a case-by-case basis, we will consult with the parent/caregiver to determine if accommodation and appropriate care is available. The parent/caregiver is responsible for providing additional training to the

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staff, if needed. If we are unable to accommodate a special need, we do our best to provide information for other camps or programs that may be better suited for your child.

GIRL SCOUT POLICIES & EXPECTATIONS

CODE OF CONDUCT

Before camp begins, families are expected to review the Code of Conduct Form. Please be familiar with these expectations and be sure to review them with your camper before camp. Camp staff will review these expectations with campers on the first day of camp and if any behavior or safety concerns arise.

BEHAVIOR & DISCIPLINE

Undesired behavior is often the result of a need for extra support, guidance and understanding while adapting to camp. Our staff will respond accordingly and may collaborate with families to help the child succeed. However, camp cannot serve children who display chronic or severe disruptive behavior. This includes behavior that:

- ☐ Requires on-going staff attention/intervention.
- ☐ Inflicts physical or emotional harm to children or staff (including hazing, harassing or bullying).
- ☐ Is destructive. Families will be financially responsible for all damages incurred.
- ☐ Continually ignores or disobeys camp safety rules.

If a child becomes a serious discipline problem, the Camp Director will notify the family of the situation and discuss a solution. If improvement does not occur or a solution cannot be determined, the child may be dismissed from the program immediately. **No refund will be issued.** Attendance at future camp programs will be at the discretion of the Girl Experience Director.

TECHNOLOGY POLICY & PHONES

Camp is a chance for your child to “unplug”. **DO NOT SEND CELL PHONES** – your camper will not be allowed to keep a phone with them. Similarly, all other technology use will be restricted during camp.

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Campers do not have access to a telephone and cannot be called directly. If there is an emergency, contact camp.

Day Camp: (509) 836-4096

Resident Camp: (208) 664-6827

LOST AND FOUND

Campers will be presented with the days' Lost and Found and encouraged to grab their lost items. It is especially helpful if everything your camper brings to camp is **LABELED WITH THEIR NAME**. If something is left behind we recommend that you call camp as soon as possible and staff will look for anything that did not make it home. It will be the family's responsibility to retrieve the items (i.e. pick them up or pay for shipping). All unclaimed items will be donated to a charitable organization.

GIRL SCOUT DAY CAMP AT THE PROGRAM CENTER – Camp Ashwell

WELCOME!

We are pleased to welcome you and your camper to our Day Camp. Our weekly spring/summer sessions serve Girl Scouts entering grades K – 8.

At camp, kids can enjoy a program tailored to provide experiences in leadership, STEM, arts and crafts, cooking, drama, swimming, and other skill-building fun. Each day, campers lead the way by planning their own activities with their camper group and counselors. Partnerships with community organizations and local destinations makes this camp a special, action-packed experience!

LOCATION & HOURS OF OPERATION

Girl Scout Program Center
1404 N. Ash
Spokane, WA 99201
(509) 747-8091 ext. 200



Hours:

Monday - Friday 9:00 am to 4:00 pm

Extended Care: 7:30 – 9:00 am and 4:00 – 5:30 pm

Campers who are dropped off or picked up 10 minutes early or late will be charged the extended care fee for that morning or afternoon (\$5).

****We will be closed Thursday, July 4th to celebrate the July 4th holiday.***

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DAILY ARRIVAL & CHECKOUT PROCEDURES



Please drop your child off between 8:45am and 9:00 am so they can get the full camp experience each day. Our afternoon ends with a flag ceremony at 3:45pm, so please wait to pick up your camper until after we finish. If you need extended hours before or after camp, they are available for an additional fee of \$25 for morning care and \$25 for evening care. Morning extended care offers breakfast for those enrolled, and afternoon care offers an additional snack for campers. Extended care can drop off as early as 7:45am and pick up as late as 5:30pm. Campers must be registered in advance for extended care.

Parents will turn onto Sinto from Maple (northbound) and campers will get dropped off by the Gym door. The direction of traffic will flow from east to west, with cars exiting left onto Ash street, or continuing straight onto Sinto Ave. ***If you are traveling southbound on Ash to arrive at Camp, please continue an additional block onto Sharp Ave. so that you are able to enter Sinto Ave. on the East end of the block.*** Camp staff will perform check-in screening through the window of the vehicle where the star indicates on the map. Following check-in, campers will enter camp through the patio and enter the building. Check-out will have the same traffic pattern. Parents may enter the building only if they need to conduct business with the front desk or store.

Similarly, when you pick your camper up, they will need to be checked out by an authorized adult, whose name must be listed under the “Trusted Contacts” section of your camper’s [CampDoc Profile](#). Please list everyone that is allowed to pick up your camper-this includes the admin on the CampDoc profile. This policy is in effect for the protection of the children. If you need to pick up your child before 3:45pm or contact your camper during the day, please call camp.

On the first day of camp, please allow more time for dropping off your camper in order for camp staff to check and confirm that all forms have been filled out and medications have been properly recorded.

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PACKING LIST

Modest dress is expected at camp. **DO NOT** pack/wear: low hanging or sagging pants, short shorts, halter tops, low cut/see through/strapless shirts. Clothing may not advocate immoral conduct, disrespect of others or depict weapons, tobacco, alcohol or drugs. Campers not meeting standards will be asked to change. The Camp Director will have the final say regarding the appropriateness of any clothing worn at camp.

Every day, campers should bring the following to camp, with **THEIR NAME LABELED**:

- ☐ Sunscreen (*SPF 30 or higher*)
- ☐ Water bottle
- ☐ Sturdy sandals or shoes (*NO FLIP FLOPS*)
- ☐ Swimsuit (*preferred: one piece or tankini*)
- ☐ Towel
- ☐ Warmer clothes as required by inclement weather

Please ensure that your camper **DOES NOT BRING**:

- ☐ Candy/gum
- ☐ Toys
- ☐ Valuables
- ☐ Technology including headphones, MP3 players, iPods, cell phones, video games, etc.
- ☐ Clothes that shouldn't get messy
- ☐



Girl Scouts is not responsible for lost, stolen, or damaged items.

CAMP LIFE

DAILY AND WEEKLY SCHEDULES



Campers work together to create their own experiences at camp by building their own schedules of activities. Counselors facilitate this process and guide campers as needed, ensuring that all campers have a voice and campers are able to fully experience the theme for the session.

An example day at camp may be similar to the following:

8:45 – 9:00 – Drop off: Go to the gym and sing songs

9:15 -- Flag, Announcements

9:30 – Group games in the gym

10:00 – Make/eat snack in the Café

**10:30 – Investigate water evaporation and water filters in
Computer Lab**

11:00 – Build a water evaporator to test evaporation of salt water

12:00 – Lunch

12:30 – Practice skit for All-Camp

1:00 – Head to the park for swimming

1:30 – Swimming at AM Cannon Park

2:30 – Record results of water evaporator experiment

3:00 – Kapers + Planning for tomorrow + Closing Circle + Flag

3:45-4:00 – Pick up during songs/games in the gym

A newsletter will be available during the week to let you know about some of the activities your camper may be experiencing, such as science experiments, cooking, field trips, or All-Camp.

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Also as part of their daily activities, campers are asked to complete Camp Kapers to help keep our camp clean. Kapers will include sweeping, mopping, wiping down counters, or picking up trash.

At the end of the week, campers will spend the afternoon celebrating their achievements in an All-Camp activity and during our Scouts Own/Closing Circle, where Girl Scouts reflect on what they learned and will receive awards to recognize any badge work they may have done over the course of the week. All-Camp will typically be from 1:30-2:30 and Scouts Own will typically be from 3:00-3:45 on Friday afternoons. Campers often spend time throughout the week preparing for All-Camp, and families are invited to come see the skits or presentations. Please check the weekly newsletter for more details.



CAMPER GROUPS & COUNSELORS

Campers will be placed in units together based on the grade they will be entering in the 2020/2021 school year as follows:

- Daisies: Kindergarten and 1st
- Brownies: 2nd and 3rd
- Juniors: 4th and 5th
- Cadettes: 6th, 7th, and 8th
- Seniors and Ambassadors: 9th – 12th



Each unit will be further divided into smaller camper groups and assigned a counselor who will work with the campers to plan their weekly schedule as they decide as a team what activities to do. As a team, they can choose to plan activities with any other camper group at camp, regardless of age. For example, a group of Cadettes may want to help a group of Daisies cook lunch and they could plan the menu together.

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Based on grade levels, groups will be different sizes: Daisies will have 1 staff for 4 campers or less, Brownies will have 1 staff for 6 campers or less, and Juniors and Cadettes will have 1 staff for 8 campers or less. In such small groups, campers can build meaningful friendships and tailor their weekly program.

SNACKS, LUNCH, & COOKING

Girl Scouts will be able to have a healthy light snack every morning and afternoon, and will also receive lunch every day. Beyond the food provided by camp, campers are encouraged to cook lunch or snacks in our kitchens at least once a week.

We do our best to cater to allergies and dietary restrictions using substitutions and avoiding certain foods for everyone, but occasionally we may need to provide a substitute snack or food for your camper.



ACTIVITIES/FACILITIES

Beyond cooking, campers may perform scientific experiments, play games, create art projects, climb on our indoor rock wall (Brownies and up), and otherwise explore the limits of their imagination. We have a book and game library, arts and crafts room, two kitchens, a full gym and a dress up room for skits. Campers work with their counselors to reserve these facilities as part of their planning for the week.

FIELD TRIPS



Campers will have the opportunity to go on field trips. We transport either in our council vans with trained drivers, in school buses, by walking, or by taking the city public transportation.

***Please see COVID-protocols.**

Spokane's AM Cannon Park is within a five block walk from camp and we often go there to swim, play on the

playground, or use their grassy areas. On any field trip, a minimum of two staff will be present to chaperone and assist in case of emergency. Field trip notifications will be listed in the camp newsletter or on the weekly schedule.

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GIRL SCOUT RESIDENT CAMP CAMP FOUR ECHOES

WELCOME!

For over 80 years, campers entering grades 2-12 have been attending Camp Four Echoes located on the shoreline of Lake Coeur d'Alene, ID.

LOCATION & HOURS OF OPERATION

Camp Four Echoes
22270 S. Four Echoes Road
Worley, ID 83876
(208) 664-6827



For driving directions, click [here](#).

ARRIVAL & DEPARTURE PROCEDURES

Camper check-in starts at 1:00 pm on the first day of the camp session. Our check-in process will have a staggered arrival. Check in times will be communicated via email from the Camp Director one week before your session. Camp check in times start at 1pm and end at 3pm. Please adhere to your check in time for ease of arrival. *Pets must stay in vehicles or at home; they are not allowed on camp property.*

When arriving at camp:

1. Check-in at the main gate where your camper will be screened for COVID-19 symptoms while remaining in your vehicle.
2. Once you have passed the COVID-19 screening, you will be told your camper's unit assignment, we will verify who is able to pick up your child, and you will continue through the drive-through check-in.
3. The first stop in the check-in will be the health screening by our trained staff. The camper and 1 accompanying adult in masks will exit the car to our screening area. Any camper with evidence of nits or lice, or who is otherwise ill will be sent home. Staff will also screen for athlete's foot and collect any missing paperwork. The camper and adult will return to their vehicle to continue the check-in process from their vehicle

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4. The car will pull to the next station where they will meet with the Healthcare supervisor to drop off any medication that the camper will need throughout the week, update any information on the health forms, and discuss any needs for the camper.
5. If your camper has any dietary restrictions, please discuss those needs with our head cook at the next stop in the check-in process.
6. The trading post accounts will be finalized during this check-in process. We can process your credit or debit card to load funds onto your child's account.
7. The last stop in the drive-through check-in will be to put luggage in the designated area for your camper's program, and give big hugs and kisses goodbye.
8. Please remember to take the following with you and make sure it is accessible to you in your car for check-in:
 - Medications in original packaging
 - Money for the Trading Post- we are not accepting cash or personal checks this year
 - Bathing suit, towel, sunscreen and water bottle in a day pack
 - Sturdy shoes for your camper to wear

Older campers who wish to transport themselves to camp must contact the Camp Director prior to arrival and will only be allowed to drive themselves and their sibling(s). Parent permission must be obtained and copies of appropriate license, registration and insurance must be provided. GSEWNI is not responsible for personal vehicles on camp property.

Camper pick up is at the same time as your check-in time. **Photo ID and authorization** is required to pick up your camper. Drivers will be directed through the same traffic pattern as check-in. Please stay in your car. Your ID will be checked and your camper will be



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brought to you. Campers will not be released to anyone unless they are listed under the trusted contacts tab on your camper's [CampDoc profile](#).

Any campers that are not picked up by 3:30pm will be charged an additional \$25. An additional \$25 charge will be added for each half hour until your camper is picked up.

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PACKING LIST

Modest dress is expected at camp. DO NOT pack/wear: low hanging or sagging pants, short shorts, halter tops, low cut/see through/strapless shirts. Clothing may not advocate immoral conduct, disrespect of others or depiction of weapons, tobacco, alcohol or drugs. Campers not meeting standards will be asked to change. The camp director will have the final say regarding the appropriateness of any clothing worn at camp.



It is not necessary to spend a lot of money on equipment for summer camp. We encourage you to try to borrow items or purchase them at discounted rates from thrift stores or yard sales. If you prefer to bring your own program equipment, such as lifejackets, sports gear, etc., please contact the Camp Director prior to arrival. Any personal equipment is the responsibility of the camper.

Each session has a theme, and your camper may want to bring special items to participate more fully in the theme. Look for more specific packing suggestions in your welcome letter in your registration confirmation email.

Please pack with your camper so they know what's in their luggage. Girl Scouts is not responsible for lost, stolen, or damaged items. Use this checklist to help guide your packing, and make sure you send all items with THEIR NAME LABELED.

Sleeping Gear: (Rolled and secured with straps)

- ☐ Pillow and pillow case (optional)
- ☐ Sleeping bag (or sheets and warm blankets)
- ☐ Large garbage bag for overnight
- ☐ Twin fitted sheet (optional)

Clothes

- ☐ 2 pairs of pants
- ☐ 5-6 T-Shirts
- ☐ 1 hat or bandana
- ☐ 3-4 pairs of shorts
- ☐ 1 sweatshirt
- ☐ 1 jacket
- ☐ 1 pair of shower shoes
- ☐ Underwear and extra socks
- ☐ 2 long sleeve shirts
- ☐ Pajamas
- ☐ 1-2 swimsuits
- ☐ 2 pairs of shoes (1 MUST be closed toe, not Crocs)



Toiletries

- ☐ Non-scented soap in a plastic container
- ☐ Comb/brush & hair ties/bands
- ☐ Toothbrush/Toothpaste
- ☐ Non-scented or lightly scented, shampoo/conditioner
- ☐ Washcloth
- ☐ Deodorant
- ☐ Sanitary items
- ☐ 2 towels (1 for swimming & 1 for bathing)
- ☐ SPF lip balm
- ☐ Waterproof or sports sunscreen (must have at least SPF 30)
- ☐ Insect repellent (non-aerosol with less than 30% DEET)
 - If you bring natural insect repellent, please make sure there is no mint. We have an allergy on camp.

Must-Have Items

- ☐ Flashlight
- ☐ Water bottle
- ☐ Any medications needed in original packaging, turned in to health staff
- ☐ Backpack for day trips
- ☐ Mess kit (non-breakable plate, cup, bowl and silverware with a mesh bag)



Optional Items

- ☐ Books/reading material
- ☐ Paper/pen/stamps
- ☐ Dirty clothes bag
- ☐ White t-shirt (in event of tie-dying)

DO NOT BRING**

- ☐ Weapons or weapon look-alikes
- ☐ Tobacco
- ☐ Alcohol
- ☐ Drugs
- ☐ Matches/Lighters
- ☐ Electronics of ANY kind (including phones; please call camp to contact your camper)
- ☐ Animals or pets

****If found, these items will be confiscated and may lead to dismissal from camp.**

CAMP LIFE

DAILY & SESSION SCHEDULES

Campers work together to create their own experiences at camp by building their own schedules of activities. In addition to swimming, arts and crafts, and hiking, your camper may have the opportunity to go boating, shoot archery, or participate in challenge course activities.



Counselors facilitate this process and guide campers as needed, ensuring that all campers have a voice and campers are able to fully experience the theme for the session. Staff will also help focus on any badges specific to their interests, as Girl Scout Badges are a strong component of our camp. Campers will leave each session with a badge sheet to demonstrate their accomplishments.



Weather permitting, campers will swim daily. On the first day of camp, all campers will be given a swim check to assess their abilities. Swimmers will only be allowed to swim in the areas that are appropriate for their swimming abilities. Lifeguards and look outs will be present during all

waterfront activities.

Also as part of their daily activities, campers are asked to perform Camp Kapers to help keep our camp clean. Kapers will include sweeping, wiping down counters, cleaning toilets, raking, or picking up trash.

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MEALS

Camp menus are reflective of typical school lunch menus and meet recommended dietary guidelines. Most camp meals are prepared by food service staff; however, campers are also given the opportunity to cook at least one meal outdoors. Please note all dietary restrictions (diabetic, vegetarian, allergies, etc.) on the Health History. For specific questions or concerns about menus, contact the camp director.



Meals are eaten in our beautiful camp lodge, “family-style.” Each table has two counselors, and room for up to six kids. Campers will be able to be “hoppers” at least once per session, where they will set the table, bring food back and forth from the kitchen, and clean up after the meal is over.

FACILITIES/ENVIRONMENT

At Camp Four Echoes, participants may stay in cabins, chalets, teepees, gazebos or tree houses! Each shelter houses 3-6 kids, depending on the unit. In accordance with Girl Scouts of the USA, camp staff do not share a cabin with the campers. Rest assured, however, campers are never far from the eyes and ears of our staff at all times.

All of our campsites have a covered picnic shelter, a fire circle, hand-washing station, flushable toilets, and enclosed, non-heated cabins.

The terrain at camp is quite uneven, with dusty and rocky hills that can become difficult to navigate. We strongly suggest sturdy close-toed shoes with socks. For regular daily activities, they can wear recreational sandals such as “Teva” or “Chacos” (off brands welcome!). Sandals must have a back straps.

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Not camp appropriate: straps are too flimsy to provide support.



Great for camp! Strong straps that keep feet supported in all terrain.

We encourage all campers to visit the facility before camp. This can be done at an event with your troop or by contacting customercare@gsewni.org.

CABIN MATES



Campers can request to be placed in the same cabin as another camper that is attending the same program during the same session. Both campers need to be the same Girl Scout level. When you register your camper online, you will see a place to list a cabin mate. However, if you would like to add someone later, please contact customercare@gsewni.org with both campers' full names, grades, and session.

The Camp Director will work to make requests possible, but there are no guarantees. If a camper requests more than one cabin mate or if campers request each other in a string of requests (for example, if Isabelle requests Makayla, Makayla requests Evelyn, etc.) only one request will be honored.

MAIL & CARE PACKAGES

Mail is sent and delivered daily at camp. To ensure your camper has mail while at camp, please mail letters *prior to* your camper's arrival or pre-write letters and bring them to check-in. Cheerful, upbeat letters add extra fun to the adventure of going to camp and they are great keepsakes.

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Mail can be sent to:

Camp Four Echoes
(Insert Camper's Name & Session Name)
22270 S. Four Echoes Road
Worley, ID 83876

Tell your camper “I Love You” while they’re at camp with a Camp Four Echoes drawstring backpack care package filled with camp-themed goodies.

To place an order, add a care package to your camper registration or contact the council store at (509) 747-8091 ext. 201. Orders must be placed at least two weeks prior to the start of the session.



TRADING POST

Your camper will get the opportunity to purchase camp memorabilia (sweatshirts, stuffed animals, water bottles, bandanas, etc.) at the Trading Post. If you would like to send money with your camper for shopping, we recommend \$15 - \$35. Money can be added to the camper's Trading Post account at registration or will be collected at check-in and deposited in your camper's Trading Post account. Trading Post accepts credit, debit, check, and Cookie Dough cards. Any unused money deposited into a camper's account at the time of check in (in person) will be returned to the parent/guardian at the end of the session.

HOME MISSING



Home missing is natural and is experienced by almost all campers on some level. We believe that when camp staff and parents work together, each camper gets the most of their camp experience.

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You can help your camper by:

- **Discussing it with your camper prior to camp.**
- **Encouraging them to talk with counselors about feelings and what they are thinking about camp.**
- **Making you camper aware of what camp life is like.**
- **Involving you camper in the planning/preparation. Help them as they pack any belongings.**
- **Practicing having time away, like staying at a friend or families house overnight.**
- **Encouraging campers to bring something familiar from home, such as a favorite stuffed animal, or a photo album.**

In the unfortunate event your camper shows extreme anxiety we will call you and ask you how you would like us to proceed.