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Girl Scouts of Eastern Washington and Northern Idaho

FIELD GUIDE

A Complete Guide to Everything Happening at Girl Scouts

fall 2018/winter 2019





Welcome Girl Scouts and Volunteer leaders to our Field Guide, a compilation of many of the incredible programming events scheduled for 2018/19 Fall and Winter.

The Girl Scouts have a long tradition of excelling in the outdoors and the vintage pictures throughout this book are emblematic to our 106-year commitment to the Girl Experience. This in-depth guide highlights the STEM, entrepreneurial, life skills and outdoor adventures council staff and volunteers have planned for a momentous year of council-wide programming. I celebrate our energized program and marketing staff for the vision to bring this GSEWNI Field Guide together.

Courage, confidence and character are built upon a myriad of experiences. We invite you to join us on this trek of experience where every Girl Scout learns leadership, season by season. The journey begins now!

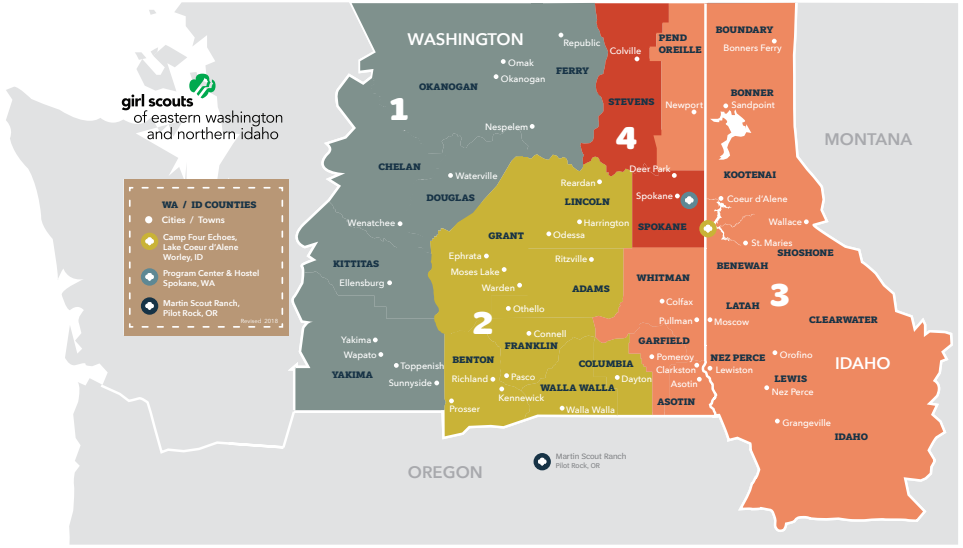
In celebration of Girl Scouts and our Volunteers,
Brian Newberry, GSEWNI CEO

Ready to plan your Girl Scout adventure? Get together with your parent/guardian or your troop to explore the Field Guide. When you find activities that are just right for you, visit our Event Calendar on gsewni.org to sign up!

Have a question or need support? Email us at: activities@gsewni.org. We're here to help! You can also find a digital version of this online at: gsewni.org/fieldguide

Some illustrations taken from:

Girl Scout Handbook; published by Girl Scouts; copyright 1930,
Girl Scout Handbook; published by Girl Scouts; copyright 1933, &
The Troop Camp Book; published by Girl Scouts; copyright, 1951;
with illustrations by Joseph Forte.



If you're new to Girl Scouts — welcome! We're so glad to have you and to help you on your journey. You've joined a council that serves **29 counties** across Eastern Washington and Northern Idaho, more than **65,000 square miles**! We count over **4,500 members** (girls and adults), all of whom are doing amazing things every day.

	Events for all grade levels		Volunteers/Adults
	Daisies		Cadettes
	Brownies		Seniors
	Juniors		Ambassadors
			Earn a complete badge with this event
			Get a free patch at this event

The Field Guide is organized by month. Use this key to find opportunities for your grade level, cost, and activities with fun patches or badges to earn.



on-going programs, events & activities

Rock Climbing \$3 \$3 \$3 \$3 \$3

4th Wednesday of
every month

7–8:30pm

Program Center, Spokane

Come explore our rock wall! Learn the basics of climbing or advance your skills.

FilmSchool \$50 \$50

Tuesdays; October 9–
December 11

4:30–8:30pm

Program Center, Spokane

Make your own film! Learn how to write, shoot, and edit a commercial or video from industry professionals from throughout Spokane. Class size is limited and based on application process. Contact culrich@gsewni.org for an application.

Senior & Ambassador Club

Every 2nd Thursday

6:30–8:30pm

Program Center, Spokane

Meet once a month to create sisterhoods of support for Destinations, Highest Awards, High Adventure trips, college tours, applications and scholarships, volunteering, and leadership development, and anything else girls want!
Cost TBD.



thank you volunteers!

Girl Scouts relies heavily on our volunteers who devote their time, talent, and energy to deliver our programming to girls across our council. We could not do the work we do without them. On behalf of all you do, thank you volunteers!



travel adventures to explore in 2019

Girl Scout Destinations are the ultimate adventure for individual girls ages 11 and older. With different trips every year, there's something amazing for everyone. Pack your bags full for life-changing experiences and make friends from all over the country as you travel with Girl Scouts from different states.

Start your adventure here:

1. Pick your destination—there are so many to choose from! Visit: forgirls.girlscouts.org/travel/take-a-trip/destinations
2. Contact the destination host with questions about trips, or contact Leigh Murakami at: lmurakami@gsewni.org for questions about Destinations.
3. Apply to up to four destinations!

girl scout's highest awards— go for it!

Thinking about going for your Girl Scout Bronze, Silver, or Gold Award? Here's a quick snapshot of what you need to know:

Bronze Award (the highest honor a Girl Scout Junior can achieve)

- Completion of one Junior Journey
- Build your team
- Explore your community
- Choose your project
- Make a plan and put it in motion

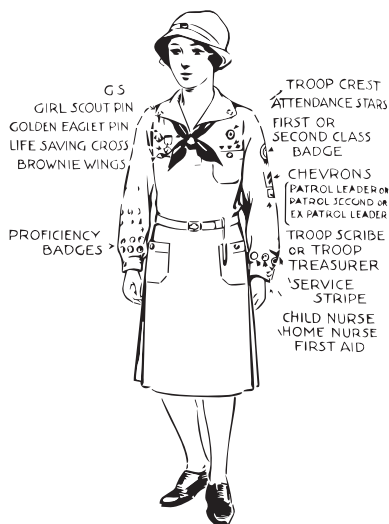
Silver Award (the highest honor a Girl Scout Cadette can achieve)

- Completion of one Cadette Journey
- Identify issues you care about
- Build your team or go solo
- Explore your community
- Choose your project
- Make a plan and put it in motion

Gold Award (the highest honor a Girl Scout can achieve)

- Be in 9th, 10th, 11th, or 12th grade
- Be a registered Senior or Ambassador
- Two Senior or Ambassador Journeys or have earned your Silver Award and completed one Journey.

Need more guidance or ideas? Learn more at bit.ly/GSHighestAwards or email Lani Nachtsheim: lnachtsheim@gsewni.org



Come Visit the National Weather Service!

Saturday, October 6 3–4pm National Weather Service, Spokane

See how they create the 7-day forecast for your neighborhood. Learn about the most hazardous weather we see across Eastern Washington and Northern Idaho, and watch the weather balloon launch! Best suited for grades 5-8. Limit 15 people.

Tea Party at WSU

Thursday, October 11 6–8pm Kappa Delta House, WSU, Pullman

Join the sisters of Kappa Delta for a Tea Party! Please feel free to dress up for this special event where you will also learn about manners and etiquette in celebration of the International Day of the Girl.

Hut, Hut, Hike

Friday, October 12 9am–4pm Program Center, Spokane

Work on earning one of your outdoor badges while learning about the science of saving the environment! Girls will hike and practice “Leave no Trace” strategies, while learning about environmental conservation, and will earn an EcoBadge.

Spooky Science

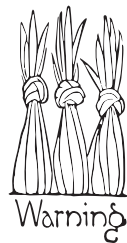
Saturday, October 13 5:30–7pm City Hall, Pasco

Join us for an evening of ooey, goeey, creepy experiments as you become a mad scientist. This is a family friendly event; siblings, friends, etc. are welcome.

Wood Worker Badge Workshop

Monday, October 15 6–8:30pm Makerpoint Studios, Sandpoint

Build a treasure box! Work with tools and expert wood workers to measure, cut, and use joining techniques to craft the perfect box. Use the laser cutter to create a custom design for the top.



Signs in Grass

Disney on Ice \$15 \$15

10/19, 10/20, 10/21

Spokane Arena, Spokane

Exclusive Girl Scout savings on Disney on Ice's Dare to Dream! Receive a free patch for attending. To purchase tickets call: **(866) 248-8740, option 3**. For questions email: felddirectgroups@feldinc.com

Idaho Vandals Football Game \$10 \$10

Saturday, Oct. 20

Kibbie Dome, Moscow

Come cheer on the Vandals with the Girl Scouts during their Homecoming! Families welcome!

Women's Self Defense Class ● ●

Wednesday, October 23

6–8pm

Spokane Sheriff's Training Center, Newman Lake

Join us for this free self-defense class led by a trained Spokane County Sheriff's Office instructor. After a brief classroom discussion about personal safety, you will learn about different strikes, targets, and ground fighting techniques, as well as counter-joint control and what to do if being attacked with a knife or gun.

Ages 15+ only.

Spooky Science \$10 \$5

Saturday, October 27

5:30–8pm

Program Center, Spokane

Join us for a family dinner and an evening of ooey, gooey, creepy experiments as you become a mad scientist! This is a family-friendly event: siblings, friends, etc. are welcome.

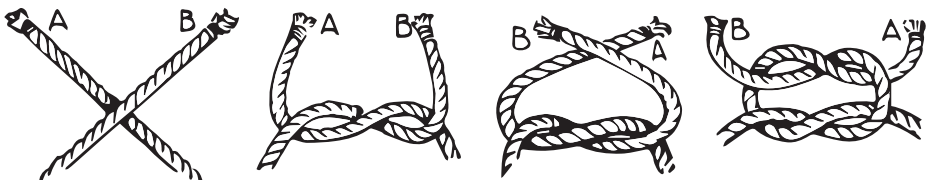
Spooky Science Escape Room \$15 \$15 \$15

Saturday, October 27

5:30–6:30pm
or 7–8pm

Council Hostel, Spokane

Have you wondered about the Escape Games? Perhaps you've been to one and caught the excitement of deciphering riddles, cracking codes, unraveling clues, and working with a team to solve the mystery. Experience our Escape Room and have a little fun learning to work as a team.





HOW TO MAKE AND USE A CHARCOAL STOVE

Let's Connect on Social Media

We love to see and share all the amazing things you're doing as Girl Scouts and in your troops. Follow us on social media, tag us in your photos, and help us to connect Girl Scouts with ALL the communities we serve. Plus, we often have contests and giveaways!

Adults! Find us on Snapchat @gsewni to receive news on upcoming events and connect with others throughout our council.

Girls! A Snapchat just for you @gsewnigirls! Receive news on events and opportunities and connect with other girls and troops.

Build us a Snapchat Filter

We're looking for a few GSEWNI filters. Send us your designs and we might just use them. Send your designs in a PDF file to: sthurston@gsewni.org

Our Social Media Status

Facebook: @girlscouting

Instagram: @girlscoutingewni

Snapchat: @gsewni

LinkedIn: [linkedin.com/in/girlscoutsewni/](https://www.linkedin.com/in/girlscoutsewni/)

Blog: girlvoices.org

Have stories you want to tell? We want to hear them! Submit your stories and photos to news@gsewni.org and you may find yourself featured in a story on our social media!



november

Family Camping Basics ● ●

Wednesday, November 7 7:15-8:30pm REI, Kennewick

Have you wanted to try camping with your family but don't know how to get started? Join REI to learn what you need to do to take your first (or second or third) camping trip. We will cover the basics including: how to be warm, dry, and comfortable, gear and equipment necessities, ideas for fun activities, and great local areas to camp! Register at rei.com/events

Mechanical Engineering Challenge \$10 ●●

Wednesday, November 7 6:30-8pm Program Center, Spokane

Thursday, November 15 6:30-8pm Location TBD, Pullman

Earn a Mechanical Engineering Badge when you participate in our Paddle Boat Challenge! Explore the science of converting potential energy into kinetic energy and test and improve your results. Badges are included in the cost.

Mechanical Engineering Challenge \$10 ●●

Wednesday, November 14 6:30-8:30pm Location TBD, Tri-Cities

Earn a Mechanical Engineering Badge when you come participate in our Leap Bot Challenge! Explore the science of springs and build a leaping mechanical robot! Badges are included in the cost.

Harlem Globetrotters ● ●

Sunday, November 11 4-6pm Lewis & Clark College, Lewiston

Monday, November 12 3-5pm Beasley Coliseum, Pullman

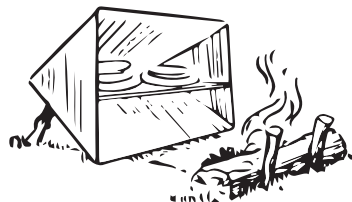
Wednesday, November 28 7-9pm Toyota Center, Kennewick

Thursday, November 29 7-9pm Spokane Arena, Spokane

Witness amazing feats of basketball and countless laughs with the Harlem Globetrotters. Girls will have the chance to meet one of the female athletes before the show. To purchase tickets, contact Connor Jones at: **(678) 497-1880** or cjones@harlemglobetrotters.com. Ticket price dependent on age.



ROCK FIREPLACE



REFLECTOR OVEN

Girl Scout Night with Tri-City Americans



Friday, November 30

7pm

Toyota Center, Kennewick

Come join the fun with other Girl Scouts in the Mid-Colombia area at a Tri-City Americans hockey game as they take on the Kelowna Rockets. Troops in attendance will be announced on the PA/Scoreboard and top Fall Product sellers will be recognized on ice! Order tickets at tinyurl.com/GSHOCKEYNIGHT. For questions: **509-736-0606** or ahubbard@amshockey.com. Ticket price dependent on age.



girl scout trivia

1. The first Girl Scout handbook, published in 1913, was called:

- a) Girl Scout Handbook
- b) Book for Brownies
- c) How Girls Can Help Their Country
- d) On My Honor

2. During World War 1, Girl Scouts began assisting with what?

- a) raising beans on Boston Commons
- b) selling millions of Liberty Bonds
- c) assisting the Red Cross as messengers and relieving nurses
- d) all of the above

3. Early Girl Scouts participated in activities such as:

- a) knot-tying and signaling
- b) participating in archaeology digs
- c) the sport of hot-air ballooning
- d) all of the above

Answers are found on pg. 19



new badges for 2018/2019



Hooray! We've added new Journeys and Badges in STEM, outdoors, and life skills.

Life Skills Badge

College Preparation

From test prep to financial aid, Ambassadors walk through all the steps of the college admissions process and get ready to attend the school of their choice.

STEM Journeys

Engineering | Think Like an Engineer

Girls discover how to think like an engineer by participating in hands-on design challenges and complete a Take Action Project.

Computer Science | Think Like a Programmer

Girls learn how programmers solve problems by participating in computational-thinking activities and complete a Take Action Project.

STEM Badges

Computer Science | Cybersecurity

Girls learn how computers and the internet work and apply the concepts of safety and protection to the technology they use every day.

Engineering | Mechanical Engineering

Girls use design thinking to complete hands-on mechanical engineering design challenges.

Engineering | Robotics

Girls learn how robots are designed, built, and programmed. "Unplugged" activities allow girls to earn badges without kits.

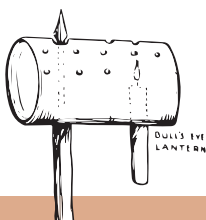
Space Science

Girls learn all about the Solar System and our place in it. Just like real space scientists, girls explore, observe, and investigate the Sun, Moon, and stars and discover that space is bigger and even more exciting than they may have imagined.

Outdoor Badges

Environmental Stewardship

From learning to care for our planet to minimizing our ecological impact outdoors to advocating for nature, girls learn how to become stewards of our environment.



Comic Artist Badge

Saturday, December 1 10:30-11:30am Spark Central, Spokane

Join us for this exclusive GSEWNI event as girls explore their creative side making their own comics. Volunteers at Spark Central will provide the materials and instruction. Step 1 of the Comic Artist badge is to “delve into the world of comics” prior to the event. Steps 2-5 will be completed at Spark Central. Girls must come with an adult and/or with their troop. If a girl would like to bring a friend or sibling, they can register as well.

Advanced Wood Working Workshop

Monday, December 3 and 3-5pm
Monday, December 10 Makerpoint Studios, Sandpoint

Use advanced woodworking techniques to build a 3'x2'x20" hope chest. Learn to create designs using a laser cutter to engrave a personalized image on the lid. Girls must be able to attend both sessions. Space is limited.

Girl Scout Night at Mobius

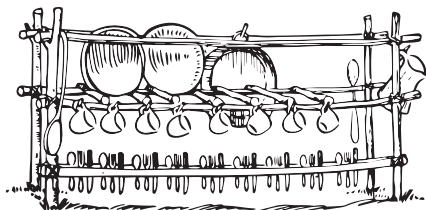
Wednesday, December 5 6-8pm Mobius Science Center, Spokane

This is a free event! Pick a STEM badge to earn as you rotate through fun, engaging activities at Mobius Science Center. Girls can choose to earn their Bug Badge, Home Scientist Badge, or Space Science Adventurer Badge. Each girl will receive a glow-in-the-dark Mobius “Girl Scouts in STEM” patch and goody bag with more fun science experiments. Purchase your earned badges at the end of the evening.

Soldering 101

Saturday, December 8 1-4pm Confluent, Richland

Learn how to solder! You will work on a solder practice project to help you achieve good soldering techniques, help you become more familiar with a variety of electronic components, and provide you with a completed unit that will produce a functioning piece. The troop can choose from a lighted heart, battery, operated car, or clock. All supplies are included in the price of the class.



Sewing Circuits \$10 \$10 \$10 \$10

Sunday, December 16

1-4pm

Program Center, Spokane

Explore the science of circuitry by creating your own light-up design. You'll use conductive thread to connect your battery and LEDs, add switches, and get creative. Make a glowing bracelet, monster face, or design your own!

Winter Day Camp: Snow Sports \$30

December 26-28

9am-4pm

Program Center, Spokane

Learn about and experience all sorts of winter sports from snowshoeing to dog sledding! Come have fun in the snow with us!

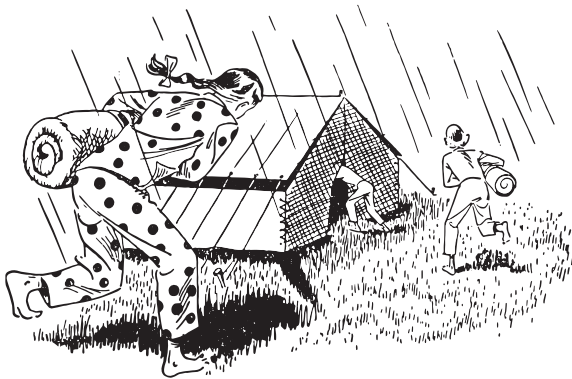
Winter Day Camp: Ice Hot \$90

January 2-4

9am-4pm

Program Center, Spokane

Come celebrate the new year with a vacation to the tropics! We'll have a luau, learn about tropical fish and other animals, and bask in the warmth of new friendships.



cookie rallies

Saturday, January 12

Location TBD, Sandpoint

Saturday, January 26

Othello Christian School, Othello

Saturday, January 26

Location TBD, Tri-Cities

Saturday, February 2

Canfield Middle School, Coeur d'Alene

Saturday, February 2

10am-1pm

Mt. Spokane High School, Mead

Come get a solid launch on the Cookie Season! Whether this is your first time selling cookies or you're a seasoned pro, the 2019 Cookie Rallies are for you. Join us and other entrepreneurs learning fun and informative things to help you have a successful cookie season. Ticket prices vary.

Skiing/Snowboarding \$100

Saturday, January 12

Mt. Spokane, Spokane

Saturday, January 12

49 Degrees North, Chewelah

Come enjoy a day of skiing or snowboarding! The event fee includes an all-day lift pass and group lessons to either start off your love affair with winter sports or increase your skill level in either skiing or snowboarding. You may bring your own equipment or rent from the resort. Rental fees for equipment are not included in the event fees.

Inventioneering \$4 \$4

Wednesday, January 16

6:30–8pm

Location TBD, Tri-Cities

Come invent with us! Build and engineer, test and prototype an invention for each challenge you're given. You'll make the decisions about where and how to use your motor, whether to use wheels or not, and how to connect the pieces of your machine.

Escape Game \$20 \$20 \$20 \$20 \$20

Wednesday, January 16

6:30–8pm

Location TBD, Tri-Cities

Have you wondered about the Escape Games? Perhaps you've been to one and caught the excitement of deciphering riddles, cracking codes, unraveling clues, and working with a team to solve the mystery. Experience our Escape Room and have a little fun learning to work as a team.

*Brownies must be accompanied by someone 16+.

Snow Science \$30 \$30 \$30 \$30

Friday, January 25

9am–4pm

Mt. Spokane/Program Center, Spokane

Snowshoe Mt. Spokane to investigate the science behind snow. We'll learn how to calculate runoff from the snow pack, learn about different types of snowfall, and experience a beautiful, snowy day on the mountain. Girls will meet at the Program Center.

Let it Snow \$30 \$30

Friday, January 25

9am–4pm

Program Center, Spokane

Come spend half a day in the snow with us and warm up afterwards with some comfy, warm baked goods. We'll go sledding and build a snow fort!



february

Girl Scouts in STEM Night at Mobius



Wednesday, February 20 6–8pm

Mobius Science Center, Spokane

This is a free event! Pick a STEM badge to earn as you rotate through fun, engaging activities at the Mobius Science Center. Each girl will receive a glow in the dark Mobius Girl Scout STEM Night Patch and goody bags with more fun science experiments. Purchase your earned badges at the end of the evening.

Mechanical Engineering Challenge



Wednesday, February 27 6:30–8pm

Location TBD, Yakima

Earn a Mechanical Engineering Badge when you come participate in our Leap Bot Challenge! Explore the science of springs and build a leaping mechanical robot! Badges are included in the cost.

Mechanical Engineering Challenge



Thursday, February 28 6:30–8pm

Location TBD, Wenatchee

Earn a Mechanical Engineering Badge when you come participate in our Paddle Boat Challenge. Explore the science of converting potential energy into kinetic energy and test and improve your results. Badges are included in the cost.

Escape Game



Wednesday, February 27 6:30–8pm

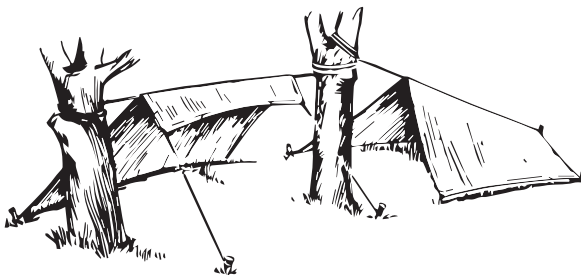
Location TBD, Yakima

Thursday, February 28 6:30–8pm

Location TBD, Wenatchee

Have you wondered about the Escape Games? Perhaps you've been to one and caught the excitement of deciphering riddles, cracking codes, unraveling clues, and working with a team to solve the mystery. Experience our Escape Room and have a little fun learning to work as a team.

*Brownies must be accompanied by someone 16+.



BAMBOO SALT AND PEPPER BOX



COCONUT CUP



Mechanical Engineering Challenge \$10 \$10 \$10 

Saturday, March 2

1–4pm

Program Center, Spokane

Earn a Mechanical Engineering Badge when you participate in our Water Sampling Challenge. Explore the science of buoyancy while you work with a team to problem solve and meet a real-world design challenge. Badges are included in the cost.

Tin Sampling and Collage \$30 \$30 \$30 \$30

Saturday, March 9

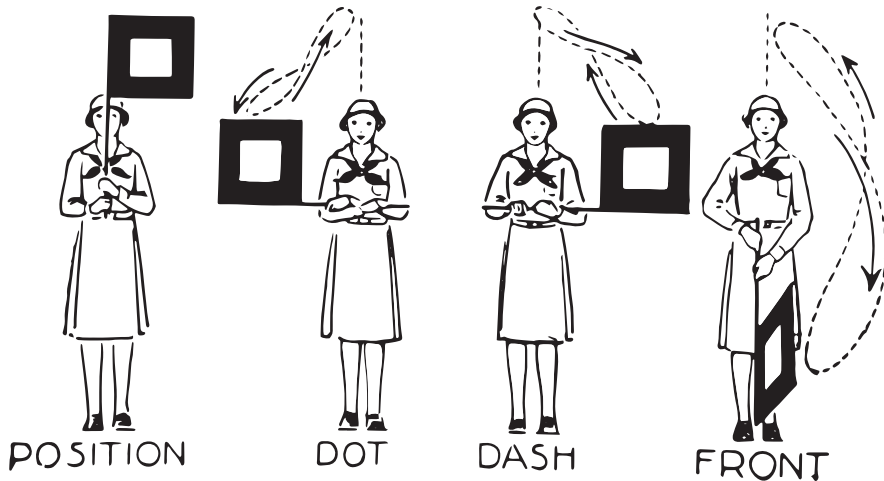
1–4pm

Confluent, Richland

Learn how to do tin sampling and collage. Learn skills that can be used to make decorations to your art, wood, and metal projects, jewelry and accessories. You'll be given pieces of metal to work with and will be provided with various tools to make marks and patterns in order to make one-of-a-kind objects! We will then paint an collage a shadow box and mount your stamped objects in the box.

spring field guide

Keep an eye out for your Spring/Summer Field Guide hitting mailboxes this January with a listing of all our Summer Programs and Resident and Day Camps!





internship opportunities

Marketing

Add to your Girl Scout experience, build your college/career resume, and be part of an awesome team. Join our marketing department as an intern this year and you'll gain writing, design, marketing, and business skills.

Girl Voices Blog

Girl Voices is written, designed, and edited by girls for girls. You can find an application online at girlvoices.org. Please note, you will be asked to submit samples of your work as part of the application process.

Girl Voices Podcast

New for January 2019 is our Girl Voices Podcast. Much like our girl-led blog, you'll create and edit stories for a monthly broadcast created, edited, produced, and hosted by girls for girls. Application process begins in November.

Girl Media Team

This Cadette, Senior, and Ambassador internship is for girls who are ready to lead the charge in getting the word out about GSEWNI. Work with our marketing team and other professionals learning the basics of talking to the media, how to share your Girl Scout story, and social media design. As part of the Girl Media Team, you could be called on to interview with the media and attend press events (TV, radio, print). You would also have the opportunity to volunteer at promotional booths at public events, participate in and conduct focus groups and surveys, and write and submit op-eds.

Contact nwood@gsewni.org for more information about any of these programs.

trivia answers:

1. c 2. d 3. d

meet our program team!

Lani Nachtsheim—Girl Experience Director

Lani graduated from Central Washington University with a Bachelor's in Recreational Management. With over 20 years experience working in youth development, she is excited to bring girls together to create fun and meaningful experiences.



Marcy Mastel— Resident Camp Director/Outdoor Program Specialist

Marcy is a Gold Award Girl Scout and lifetime member. She grew up attending camp at Camp Four Echoes and transformed her love of the outdoors into an opportunity to teach at an outdoor science school. She has been the director at three Girl Scout camps! With over 25 years of camp experience, she is still just as excited about each new adventure girls experience as she was on her first day of witnessing it.



Cory Ulrich— Day Camp Director/Program Specialist

Cory graduated from Whitman College with a Bachelor's in German Studies and Sociology. She went on to obtain her Master's in Teaching at Lewis and Clark College. In addition to her schooling, she also managed to gain 15 years of experience in camping, as a youth attendee and as a staff member. Cory is excited to integrate STEM activities into our Girl Scout programming.





girl scouts
of eastern washington
and northern idaho

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Spokane, WA 99201
509-747-8091

gsewni.org



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