

— *the* —

Girl Scouts of Eastern Washington
and Northern Idaho

Field Guide

FALL & WINTER 2020-21



A Note from Brian



Welcome to our Council of Distinction's fifth Field Guide, a transformative guide that has reshaped how we approach Council programming. It has an incredibly creative look that creates a page turner of options, fun activities and skill-building initiatives. It has created a planning document that my program staff uses to ensure we are presenting STEM, outdoor training, living skills and entrepreneurial opportunities for our Girl Scouts in a balanced and

thoughtful manner. Girl Scouts is a journey of discovery that builds courage, confidence and character. Every journey needs a road map and our marketing team has drafted us a road map to a stronger Council. While our horizon remains bright, we acknowledge the challenges the COVID pandemic has had on all our families. In an effort to provide the most up to date programming for the fall and winter, we are evolving this Field Guide edition to a digital copy to have more flexibility, which we lose when sending our product to the printer and then mailing. We appreciate your grace and patience as we look to deliver programming in a safe manner and consistent with the rapidly evolving health crisis. Last year, our programming had dramatic impact on the incredible retention rate of our Girl Scouts, one of the highest in the nation. It remains our antidote to ensuring we remain a Council where Girls grow strong. As a Council, we wish you peace and health in these challenging times and intend to safely deliver programming to keep your Girl Scout on the journey to "Courage-ville".

B. M. Newberry

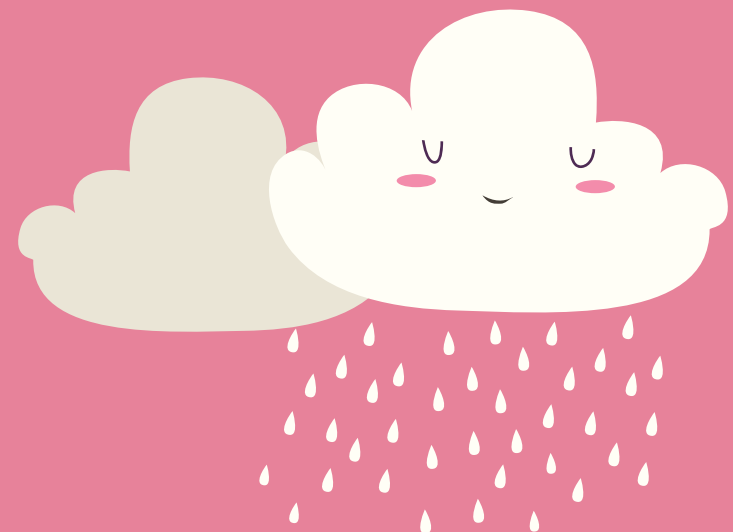
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How to Register for Programs

GO TO GSEWNI.ORG

- Hover over Events on the top menu.
- Choose Event List or Calendar.
- Choose your event by name or date.
- Click "Register Now".
- Choose number of participants.
- Enter your personal info.
- Process payment.
- Check your email for confirmation!



Field Guide Key

-  Daisies
K-1st grades
-  Cadettes
6-8th grades
-  Volunteers/Adults
-  Brownies
2-3rd grades
-  Seniors
9-10th grades
-  Family/All Ages
-  Juniors
4-5th grades
-  Ambassadors
11-12th grades
-  Earn a badge or patch

Unless a program is marked Family/All Ages, our events are for registered Girl Scout members in grades K-12. If a Girl Scout wants to bring a friend who isn't a current Girl Scout, the friend needs to add the \$30 Girl Scout membership fee to the event fee and they can participate in the events for the membership year.

COMING SOON! STEM MOBILE

The STEM Mobile will bring exciting programming across our council. The vehicle is expected to be delivered this fall and fully operational this winter. STEM activities for all ages are being developed, and staff member Katie Ybarra can't wait to bring these experiences to you! Stay tuned for updates on STEM events and locations to be visited. Contact Customer Care to be placed on the wish list for a visit from the STEM Mobile!



Schedule-Your-Own Programs

INVENTIONEERING OR ADVANCED INVENTIONEERING

Using batteries, motors, wires and screws, build machines that complete different challenges. For example, build a machine that will scramble an egg. 1.5-2 hours. \$6 per girl; minimum of 6, maximum of 20.

SEWING CIRCUITS OR ADVANCED SEWING CIRCUITS

Learn to create parallel circuits with batteries and LED lights, then sew your circuits using conductive thread to make light-up projects. Take your work home with you! 3 hours. \$8 per girl; minimum of 4, maximum of 12.

MECHANICAL ENGINEERING DESIGN CHALLENGE BADGES

Spend time working with a partner on a series of challenges while exploring force and energy! 2-2.5 hours. \$8 per girl; minimum of 6, maximum of 20.

- Daisies:** Roller Coaster Challenge
- Brownies:** LeapBot Challenge
- Juniors:** Paddleboat Challenge

INDOOR ROCK CLIMBING

At the Program Center. \$30 if requesting staff to run, \$20 if trained/certified volunteer will be running. Up to 8 participants.

ARCHERY

We can travel to your location! \$40 if requesting staff to run, \$30 if trained/certified volunteer will be running. Up to 12 participants.

Schedule-Your-Own programs are a resource for troops and Service Units, offering a variety of STEM and outdoor opportunities for girls. Requests *must* be made at least four weeks in advance. Supplies and badges/patches are included. Minimum of six girls, unless otherwise specified. Reserve today!

NATURE HIKE      

Learn how to plan your route, identify terrain hazards and plants and wildlife as you go on a nature walk/hike. 1-3 hours (depending on age level); \$2 per girl.

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SIGNALING & SHELTER BUILDING 101  

Learn how to build an improvised shelter and how to signal for help if you get lost. Brownies will earn their Cabin Camper Badge and Juniors will complete most of the steps to earn their Camper Badge. 4 hours; \$5 per girl, plus \$2 for optional badge..

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SIGNALING & PRIMITIVE SHELTER BUILDING   

Learn how to build your own natural shelter, how to procure your own resources (food and water) and how to be a part of your own rescue if you are lost. 8 hours, \$10 per girl.

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ORIENTEERING    

Learn how to read a map and use a compass as you navigate an orienteering course. Designed for your area. 2-4 hours, \$4 per girl.

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OVERNIGHT BACKPACKING TRIP   

Join us just for the joy of being outdoors or work towards your outdoor journey. You will learn how to develop a meal plan, equipment list and organize your pack. Looking for something specific? Let us know and we will work with you to customize a trip to what you want. \$40 per girl.

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LETTERBOXING    

With letterboxing, follow clues to a hidden cache where you'll find a special stamp. Collect unique stamps in your letterboxing book as you solve the clues and track your route on a map. And you'll even make a stamp and collection booklet of your own! Brownies, you'll earn your Letterboxing badge by the end of the day (not included). 2-3 hours, \$6 per girl.

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WOODWORKING       

Learn how to use basic hand tools (saws, hammers, screwdrivers, etc) while making a creation of your own. Cadettes will complete/earn the Woodworking badge. 2-3 hours; \$10 per girl, plus \$2 for optional badge.

ESCAPE GAME      

Solve puzzles, decipher codes and take your team work to a new level! This is a great opportunity if your group wants to do something new and increase your ability to work together. \$7 per girl, includes patch. 1.5 hours.

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FIRST AID BADGE     

A Girl Scout is always prepared and knows safety comes first! Earn the First Aid Badge or Daisy Safety Pin and learn to keep yourself safe and how to help others in an emergency. Girls will earn the badge, but will not be First Aid certified. Badge/ pin is included.

- Daisy: 2 hours, \$3
- Brownie: 2.5 hours, \$5
- Junior: 3 hours, \$6
- Cadette: 4 hours, \$6



On-Going Programs

INDOOR ROCK CLIMBING

Explore our rock wall! Learn the basics of climbing or advance your skills, and track your progress with our patch program. *\$5 per girl.*

September 25	5-7pm	Program Center, Spokane
September 26	1-3pm	Riverfront Rock Gym, Wenatchee
October 16	5-7pm	Program Center, Spokane
November 13	5-7pm	Program Center, Spokane
December 11	5-7pm	Program Center, Spokane
January 15	5-7pm	Program Center, Spokane

ARCHERY

Learn about safety and archery equipment and enjoy a session of practicing shooting skills. Track your progress with our patch program. *\$5 per girl.*

September 4	5-7pm	Program Center, Spokane
September 5	12-2pm	Ranch and Home, Kennewick
September 26	4-7pm	Rifle and Revolver Club, Wenatchee
October 2	5-7pm	Program Center, Spokane
October 3	12-2pm	Ranch and Home, Kennewick
November 6	5-7pm	Program Center, Spokane
November 7	12-2pm	Ranch and Home, Kennewick
December 4	5-7pm	Program Center, Spokane
December 5	12-2pm	Ranch and Home, Kennewick
January 8	5-7pm	Program Center, Spokane
January 9	12-2pm	Ranch and Home, Kennewick

SENIOR/AMBASSADOR CLUB

Painting Class: October 4, 1-3pm, Program Center, \$15

Leadership/Healthy Relationships Workshop: November 7-8

Bake Off: December 6, 1pm, Program Center, \$3

Ice Skating: January 10, 3pm, Spokane Ice Ribbon, \$5

Highest Awards: February 7, 1pm, Tri-Cities/Virtual, Free

BROAD RANGE ASTRONOMY CLUB

International Observe the Moon Night

Join us as we take part in a nationwide moon-gazing and exploration night. Experience a close-up look at the moon through some of our telescopes and make your way to each of our fun activity stations. Or, opt for a Moon activity kit for the family to participate at home (each kit includes supplies for 2 people; shipped to your address). Spaces are limited, registration ends September 17th. *Club Member, Free, Non-member, \$5*

September 26	6:30-8:30pm	Program Center, Spokane
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Adult Trainings

Due to COVID-19 restrictions, trainings that were to be offered in-person may be changed to online. In some instances, when a training can only be done in-person, we may need to cancel or postpone. We will do everything possible to keep participants informed about the location of each training in advance. Your patience is appreciated!

CPR/FIRST AID ONLINE TRAINING

Receive your First Aid and CPR training. This course fulfills the training requirements for 'Safety Activity Checkpoints - FA/CPR.' \$25

September 15	9am-12pm	Online
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CPR/FIRST AID TRAINING

Receive your First Aid and CPR training. This course fulfills the training requirements for 'Safety Activity Checkpoints - FA/CPR.' \$30

September 16	5:30-8pm	Moses Lake
September 22	5:30-8pm	Sandpoint
October 24	9am-12pm	Tri-Cities
November 2	5:30-8pm	Clarkston

WELCOME NEW LEADER TRAINING

The objective of this training is to provide troop leaders with a basis for how to lead a troop, to introduce the Volunteer Toolkit, Safety Activity Checkpoints, resources, badges and journeys, troop banking, and other basics for running a troop successfully. *Free*

September 15	5:30-8pm	Online
October 5	6-8pm	Spokane
October 12	6-8pm	Yakima

OUTDOOR ESSENTIALS BASIC

This course is required for outdoor activities and camping at sites that provide potable water and toilets. This course fulfills the training requirements for 'Safety Activity Checkpoints - Hiking, Camping, and Outdoor Cooking'. \$35

October 10	All Day	Tri-Cities
October 10	All Day	Lewiston

At GSEWNI, we believe that our leaders are the key to the Girl Scout experience. Adult education empowers our volunteers and gives them the tools to teach girls the skills they need to live the G.I.R.L. life. Any questions? Contact us!

PRECIOUS METALS

Join us for a session to help your Girl Scouts understand what it takes to earn a highest award -- bronze, silver, and gold. Girls, come prepared to think, play, and get into the nitty-gritty of your award process. Adults, come with questions (you can stay for the whole thing or come just for the last 30 minutes when we will answer any questions you may have). *Free*

October 6	6-8pm	Wenatchee
October 22	6-8pm	Coeur d'Alene
October 24	1-3pm	Tri-Cities
November 17	5:30-7:30pm	Yakima
November 19	5:30-7:30pm	Walla Walla
December 3	6-8pm	Moscow
January 13	6-8pm	Spokane

OUTDOOR ESSENTIALS ADVANCED/BACKPACKING

Excited to bring your girls further into the wilderness? This training will give you advanced tools to have a safe, fun experience while experiencing more of the rugged outdoors. Backpacking certificate is added onto the Outdoor Advanced Training. This course fulfills the training requirements for 'Safety Activity Checkpoints - Backpacking.' \$30

October 17-18	9am-4pm (next day)	Martin Scout Ranch
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LEADER BOOT CAMP

Leader Bootcamp is a day long training offered by GSEWNI volunteer facilitators. Individual sessions will vary but topics covered might include: Girl Scout songs, Girl Scout traditions, Girl Scout ceremonies, Troop Finances, Troop Travel, On-the-Level trainings, conflict resolution, and how to involve parents in your troop. Come to a Leader Bootcamp to network with other leaders and to learn about leading a Girl Scout troop. This training has something for both new and experienced Girl Scout leaders. \$5

November 7	9am-3pm	Spokane
January 30	9am-1pm	Yakima
February 20	9am-4pm	Spokane
February 27	9am-4pm	Tri-Cities



PROGRAM AIDE TRAINING

During this course, Cadettes will learn about their work as a leader, develop skills to help younger girls become leaders in their lives, learn how to manage groups effectively, understand how they can create high-quality experiences for younger girls, learn about the 12 safety standards, and prepare to facilitate six sessions with younger girls to earn their PA award. \$15

November 14	9am-4pm	Spokane
February 15	9am-4pm	Ellensburg
February 15	9am-4pm	Tri-Cities

ARCHERY

This course fulfills the training requirements for 'Safety Activity Checkpoint - Archery'. In partnership with NASP, troop leaders can be trained in the art of archery. This includes how to properly string a bow, shoot safely and with technique, and how to maintain a safe archery range. \$25

December 12	9am-4pm	Yakima
January 16	9am-4pm	Tri-Cities
February 13	9am-4pm	Spokane

VOLUNTEER-IN-TRAINING

After this course, Seniors and Ambassadors will have the opportunity to volunteer at day camps, council events, service unit events and with a troop. \$15

January 9	9am-12pm	Spokane
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SERVICE UNIT MANAGER TRAINING

Through this training, the Service Unit leaders will learn the ins and outs of how to run a successful Service Unit, how to have productive service unit meetings, to support troops and their leaders, and to create group events for their Service Unit. Free

January 23	9am-3pm	Virtual
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Council Patch Programs

Beyond your Girl Scout badges, we also have earned patches to work on. This year we are excited to announce the Suffrage Centennial patch! Check them all out on our website where you can also find Archery, Rock Climbing, and more!

SUFFRAGE CENTENNIAL PATCH

2020 marks 100 years since the ratification of the 19th Amendment, ensuring the right to vote for most women. Discover, connect and take action to earn a council patch celebrating the Suffrage Centennial.

OUTDOOR EXPERIENCE PATCH

You will become "at home" in a primitive camp setting with the Outdoor Experience Patch Program, designed to give you the opportunity to learn the basic skills needed for your first-time outdoor exploration. There are six levels to this program, which can be completed at any age level! To complete the requirements to earn our Council's Own Outdoor Experience patch, download the Outdoor Experience Guide and participate in the program!

STEM PATCH

This STEM Patch Program was created by Girl Scout Junior Troop 3659 from Spokane, WA as part of their Girl Scout Bronze Award. This patch has been approved from council to be an official EARNED patch that can be worn on the front of the vest or sash. To complete the requirements for earning our Council's Own STEM patch, download the S.T.E.M Guide and participate in the program! Girls at any age level can participate!

WATER DESIGN CHALLENGE

Extend the concepts that Brownies and Juniors learn on energy, forces, and buoyancy with our special challenge for Cadettes, Seniors, and Ambassadors. Learn a real-world application for neutral buoyancy and challenge yourself to build your own water sampling device holder out of limited materials. Finally, learn how to change the buoyancy of an object!



September-October

STEM IN THE PALOUSE

We're partnering with the Women in Science Society at the University of Idaho to bring you an epic day of hiking, ecology, and badge-work in the Palouse! College students will lead you through some interesting, hands-on lessons in biology as we spend the day outdoors. Please plan to pack a lunch. Older girls, you should expect to hike around 3-4 miles. Younger girls, you should expect to hike 2-3 miles. *Free*

September 27 9:30am-2pm Kamiak Butte County Park, Palouse

SPOOKY SCIENCE SPOKANE

Join us for a family dinner and an evening of ooey, gooey, creepy experiments, as you become a mad scientist! Create a goody bag to store your take home supplies in and collect a treat bag on your way out the door! This is a family-friendly event: siblings, friends, etc. are welcome. *\$10 for children (includes dinner), \$5 for adult meal ticket.*

October 17 4-5:30 pm or 5:30-7pm or 7-8:30pm Program Center, Spokane

GIZMO: STEM+ART

Hands-on activities, using tools and creativity. We would do Automata, circuits and digital sandboxes, art and making stickers on our big machine.

October 12 10am-12:30pm Gizmo Makerspace, Coeur d'Alene



November-December

LEADERSHIP + HEALTHY RELATIONSHIPS WORKSHOP

Spokane-based Create Your Statement will be coming in to teach their revolutionary REDFLAG course on leadership and healthy relationships. In a comfortable and fun environment with your Girl Scouts peers, you'll identify your own leadership traits and learn to identify and prevent unhealthy relationships, and work to empower yourself to accept nothing less than the best from all your relationships. *\$35 per girl, includes patch, lunch on Saturday, and hostel stay (as needed; provide own adult supervision)*

November 7-8 Saturday 10am-5pm Program Center, Spokane
Sunday 9:30am-12pm

CHOPPED! INSPIRED CHALLENGE

When you arrive, you'll be given a mystery bag of three ingredients to work with your assigned teammates to cook an entrée! Parents can volunteer as judges and taste your creations as you clean and prepare for the dessert round, with a new set of three ingredients. *\$5 per girl, max of 12 girls at a time.*

November 14 (Brownies) 10am-12pm or 1-3pm Program Center, Spokane

November 15 (Juniors & Cadettes) 10am-12pm or 1-3pm Program Center, Spokane

GELLI PLATE PRINTING

Gelli Plates are great for mono printing and are a mixed-media artist's dream! It's a fun way to create random backgrounds, layers of color and texture. As a bonus project, we'll be stitching together our own art journal with the gelli prints we make. Cadettes, check off some steps off your Book Artist badge! *\$25 per girl*

November 14 and December 19 1-4pm Confluent Space, Richland

JUNIOR ACHIEVEMENT FINANCE PARK

Want to learn more about money management? We've learned in 2020 how important it is to be prepared and responsible with our personal money habits. After learning how to responsibly spend all your hard-earned money, you will spend time in a virtual, interactive financial simulation where you will make decisions about a fictional life. Cost includes: exclusive access to JA virtual program and curriculum, snacks, breakfast, lunch, & sleeper. Additional adult volunteers wanted, training provided. *\$20 per girl*

December 11-12 Check in: 6:30pm Program Center, Spokane
Check out: 4pm

February 5-6 9am-4pm Yakima, Location TBD

January-February

SOLDERING

Come learn how to solder! At the end of this workshop, you'll be able to take home your own project that you successfully wired and soldered to run! \$35 per girl

January 16

1-3:30pm

Confluent Space, Richland

MOBIUS GIRLS IN STEM NIGHT

Explore the science museum and earn up to three STEM badges! Keep track of your steps by stamping them off at our hands-on activity stations. Everyone will earn at least one badge or patch and be able to take it home for free, sponsored by Itron. Free

February 10

5:30-7:30pm

Mobius, Spokane



Winter Day Camp

Our day camp at the Spokane Program Center offers a variety of themed sessions and activities that incorporate STEM, arts and crafts, cooking, drama, and other skill-building fun. Girls can participate in new and traditional Girl Scout activities while making new friends, developing their leadership skills, and making lasting memories. Each day, girls lead the way by planning their own activities with their camper group and counselors. For all girls, Daisies and up.

DECEMBER 28-31 WINTER OLYMPICS

Create warm memories in our cold Washington winter! Our 2020 day camp offers a variety of themed activities and sessions that incorporate outdoor adventure, arts and crafts, team-building, and of course some warm hot chocolate, just to name a few! Our Washington home is the perfect place to host our own mini Winter Olympics to learn new skills, build friendships, and be refreshed by nature after a long year! After all, there's snow place like home...



Staff Bios

MARCY MASTEL, CAMP FOUR ECHOES DIRECTOR/OUTREACH

Hello! My name is Marcy “Jo-dan” Mastel and I’m the resident camp director. My camp name is pronounced like Joe-Dawn and is a Japanese word for joke. When I’m not at camp, I support our Outreach program in several schools, serving girls in K-8th grade. I’m excited to get to provide the Girl Scout Leadership Experience to those girls during the school year and see them again at camp in the summer.



GARRY MCLEAN, OUTDOOR PROGRAM SPECIALIST

I am a retired US Air Force Survival Instructor. I love living in the Pacific Northwest and being surrounded by so many outdoor opportunities. I truly enjoy helping kids find joy in the outdoors, try new things and most importantly have FUN. I am excited to be a part of this great council and look forward to meeting/working with you all!



MARGO BUCKLES, ADULT EDUCATION SPECIALIST

I’ve been a Girl Scout volunteer since 2002, and, in the past few years, I’ve developed a passion for training adults to lead girls. I’ve been a troop leader, cookie manager, service unit manager and facilitator with GSEWNI, and I bring a wealth of personal experience and knowledge to the Adult Education program. I like being outside and working with Girl Scouts, both adult and girl. My favorite things to do are travel, read and play Elvis songs on the piano.



KATIE YBARRA, MOBILE STEM PROGRAM SPECIALIST

Hi! I am a lifetime Girl Scout who grew up in Washington, and I love exploring this beautiful place every chance I get! For the last six years, I have been a science teacher, and am THRILLED to be able to use that experience to bring STEM experiences to girls all over our council!



KAELYNN WOODWARD, STEM PROGRAM SPECIALIST

Hi everyone! I am our STEM Program Specialist. I studied Environmental Science and Management at UC Davis and especially love studying the soils beneath our feet! I love riding my bike, hiking in nature, and seeking out new adventures. My goal is to create opportunities in STEM that are inspiring and fun for every Girl Scout and to remind each of them that they can do anything they put their minds to!



CHARLEE KYSER, PROGRAM SUPPORT SPECIALIST/REGISTRAR

Hello! I am a native Pacific Northwesterner and love all that our area provides. I enjoy the outdoors, crafting, trips to the coast and photography. I love working for Girl Scouts as I have the opportunity to help and watch others grow into girls of Courage, Confidence and Character.

