



of eastern washington  
and northern idaho

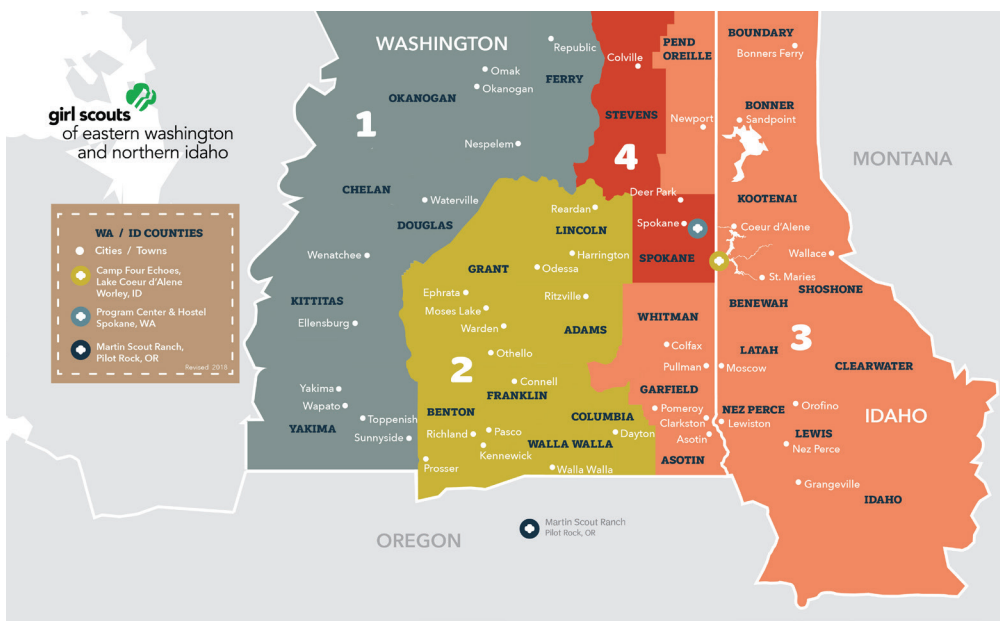


# Family Guide to Girl Scouts

# Who are Girl Scouts?

We are 2.6 million girls and adults who believe every girl can change the world. Our journey began more than 100 years ago with one woman, Juliette Gordon “Daisy” Low, who believed in the power of every girl. Today, we continue her legacy of building girls of courage, confidence, and character who make the world a better place.

Girl Scouts of Eastern Washington and Northern Idaho (GSEWNI) serves more than 3,000 girls in partnership with over 1,500 adult volunteers. The council region encompasses 65,000 square miles that includes 19 counties in Central and Eastern Washington and 10 counties in Northern Idaho.



# What do Girl Scouts do?

At Girl Scouts, your girl will prepare for a lifetime of leadership, success, and adventure in a safe, no-limits place designed by girls, for girls.

## How?

Through engaging, challenging, and fun activities like earning badges, going on trips, selling cookies, exploring science, getting outdoors, and doing community service projects.

At Girl Scouts, she'll lead her own adventure and team up with other girls to choose the hands-on activities that interest her most.

Along the way, your girl will gain important skills in four areas that form the foundation of Girl Scouts:

- STEM
- Outdoors
- Life Skills
- Entrepreneurship



## The result?

A lifetime of leadership. Girl Scouts helps girls thrive in five key ways; she:

- Develops a sense of self
- Exhibits positive values
- Seeks challenges and learns from setbacks
- Forms and maintains healthy relationships
- Learns to identify and solve problems in her community.



**Where others talk about empowering girls, Girl Scouts prepare girls to empower themselves.**

# Ways to Participate

GSEWNI offers a ton of ways for girls to have fun and explore the world in Girl Scouts. It all depends on what she is interested in. She can:

- Join a troop
- Have an outdoor adventure or head to camp.
- Travel the country—or the world!
- Explore her interests through a Girl Scout Journey.
- Sell Girl Scout Cookies.
- Experience awesome programs.



# Girl Scouts by Age Levels

Girls in grades K-12 can join the fun at Girls Scouts. To ensure the best experience, our programming is categorized by grade level. Some troops may be multi-level, with girls in more than one program level making a troop. Volunteers and staff are attentive to promoting activities that are appropriate.



DAISIES • BROWNIES • JUNIORS • CADETTEs • SENIORS • AMBASSADORS

K-1

2-3

4-5

6-8

9-10

11-12

# Become a Volunteer

As a volunteer, you'll introduce girls to new experiences and help them take the lead and change the world. You will be their cheerleader, guide, and mentor helping them develop crucial skills and confidence to launch them into a lifetime of leadership. Imagine the excitement, the memories made, and the impact. This is what you'll share as a Girl Scout volunteer.

**Here are a few ideas on how you can volunteer:**

**“I'd like to be really involved and make a difference!”**

- Lead or co-lead a troop.
- Train adults or girl leaders.
- Mentor girls in leadership skills.
- Become a board member.

**“I want to donate my talents and time.”**

- Chaperone a day trip.
- Mentor in your career field.
- Help at a community event.
- Assist with a cookie booth.

**“I have a little time to help.”**

- Share your expertise with girls at a troop meeting.
- Lead a workshop.

GSEWNI trains volunteers and gives support as necessary. You must be over 18 and willing to become a Girl Scout member, as well as pass a criminal background check. To get started, visit our website at: **[gsewni.org](http://gsewni.org)**.





## What do I Need to Know?

### What is the cost?

The yearly Girl Scout membership fee is \$30 for girls, \$25 for adults.

### Is a uniform required?

No, however, the Girl Scout uniform is an official vest, sash, or tunic worn with a white blouse and khaki bottoms, along with the insignia and Girl Scout pins. Though they are not required, we recommend that each girl have a vest, sash, or tunic to display their earned rewards, badges, and patches.

### Is financial assistance available?

Yes! Assistance is available for girls and adults who need financial help in order to participate in the Girl Scout program. Assistance is available for membership registration, uniform components, a journey book, and camp.\*

### How do troops sustain themselves?

Girl Scout troops are funded by a share of money earned through council-sponsored product sale activities (such as Girls Scout Cookie sales) and troop money earning activities upon approval (i.e. car washes, craft sales, etc.). Some troops may require minimal troop dues for snacks and patches/badges.

Visit [gsewni.org/join](https://gsewni.org/join) to get started as a Girl Scout today!





## **The Girl Scout Promise**

On my honor, I will try:

To serve God and my country,

To help people at all times,

And to live by the Girl Scout law.

## **The Girl Scout Law**

I will do my best to be honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, and to respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.

## **Our Mission**

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.





**“I feel good about myself every time I am with my troop.”**

—Sarah, Omak Troop 3809 (Senior)

**“I’m inspired to mentor the younger girls in my troop.”**

—Mina, Sunnyside Troop 4513 (Ambassador)

**“I know staying in Girl Scouts, the end result will be priceless!”**

—Madison, Spokane, Troop 3809 (Senior)

