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Girl Scouts of Eastern Washington and Northern Idaho

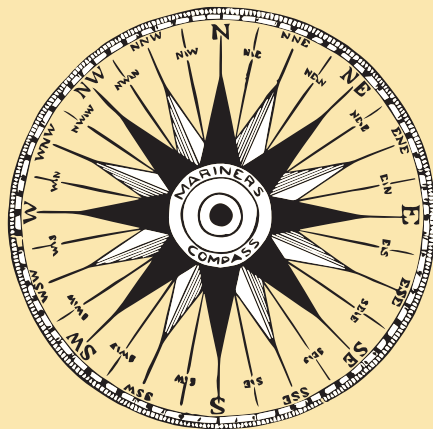
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# FIELD GUIDE

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A Complete Guide to Everything Happening at Girl Scouts

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spring/summer 2019

The background of the page is a detailed illustration of various butterflies and botanical sketches. At the top, three butterflies are shown: 'H. Penestrata' on the left, a large central butterfly with orange and black wings, and 'Fig 2' on the right. Below these are sketches of wings and antennae, including 'Fig 13' and 'Fig 10'. At the bottom, there are sketches of a butterfly labeled 'S. Doria', a butterfly labeled 'S. Maria', and a butterfly labeled 'S. Maria' with '16A' next to it. There are also sketches of a butterfly labeled 'S. Maria' with '11°' and '12°' next to it, and a butterfly labeled 'S. Maria' with '14°' and '15°' next to it. The sketches are in a classic scientific style with fine lines and shading.

## Distinguished Council of Eastern Washington and Northern Idaho,

We humbly present you our second Field Guide, a culmination of a mountain of hard work and a universe of vision by our staff. The creativity of our marketing team is commendable and the pull-out map is a golden ticket to adventure, learning, and most importantly, leadership. I could not be more delighted. Our second Guide is bigger and filled with a variety of activities to stretch our Girl Scout horizons. Check it out, give us feedback, embrace our offerings, and join us on our journey of growth and life experiences. Journeys are part of the Girl Scout DNA and our Field Guide illuminates your way forward in 2019. Go for bold Council and jump in with both feet in a place where Girls grow strong!

-Brian Newberry, GSEWNI CEO

Spring and summer adventures are just around the corner. And with so many new programs we promise your summer calendar will be chock full of fun!

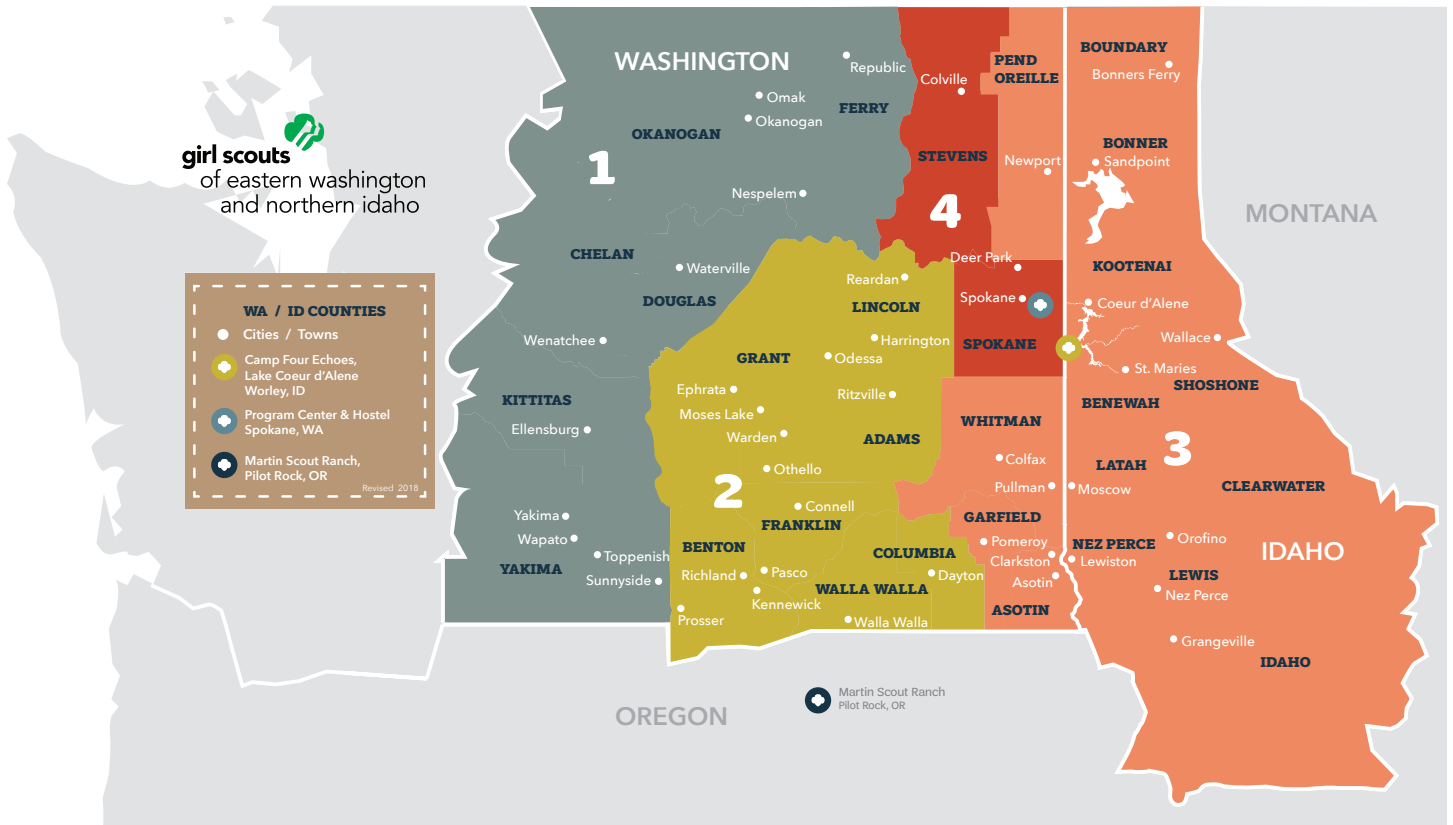
In this Field Guide, you'll find a full listing of council-led programs, and a pull-out Map to Camp with our listings of camps at Camp Four Echoes and Spokane Day Camps. Some programs have been added to the calendar for March, so don't throw out those Fall/Winter Field Guides just yet!

Once you've decided on the adventures you'll take this summer, visit our event calendar online to register. You can also find a digital version of this guide online at: [gsewni.org/fieldguide](http://gsewni.org/fieldguide).

Illustrations taken from:

The Troop Camp Book; published by Girl Scouts; copyright, 1951; with illustrations by Joseph Forte.

Biodiversity Heritage Library; Drury, Dru. *Illustrations of Natural History*. Made available by Smithsonian Libraries; digitized by Sarah Thurston.



If you're new to Girl Scouts — welcome! We are so glad to have you and help you on your journey. You have joined a council that serves **29 counties** across Eastern Washington and Northern Idaho, more than **65,000 square miles!** We count over **4,500 members** (girls and adults), all of whom are doing amazing things every day.

	Events for all grade levels		Volunteers/Adults
	Daisies		Cadettes
	Brownies		Seniors
	Juniors		Ambassadors
			Earn a complete badge with this event
			Get a free patch at this event

The Field Guide is organized by month. Use this key to find opportunities depending on grade level, cost, and patches or badges to earn.



# on-going programs & activities

## Indoor Rock Climbing

4th Wednesday of every month through May

6:30-8pm

Program Center, Spokane

Come explore our rock wall! Learn the basics of climbing, or advance your skills.

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## Broad Range Astronomy Club

Membership good through September 30, 2019

Use a telescope, visit the planetarium, go on field trips, and talk with real astronomers as you learn about the cosmos. Your first meeting is free! Receive a free patch when you become a member and attend four meetings. Members also receive discounted rates on Astronomy Club events (\$5 off transportation to LIGO Hanford and \$10 off Star Party at Camp Four Echoes).

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## Spokane Astronomy Club Events

### Laser Interferometer Gravitational-Wave Observatory Hanford Tour

Saturday, March 9

12:30-3:30 (tour only)

LIGO Hanford, Richland

8am-8pm (tour and transportation)

Visit the Laser Interferometer Gravitational-wave Observatory where scientists work to detect gravitational waves predicted by Einstein's General Theory of Relativity. During your visit you will see many exhibits, get up close to a sample of the beam tube, and visit the control room. *Transportation from Spokane or Colfax/Pomeroy: \$5 Astronomy Club Member/\$10 Non-Member.*

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### Star Party at Camp Four Echoes

September 28-29

Check in at 5pm/Check out at 11am

Camp Four Echoes, Worley

Hangout and learn about astronomy before we cookout in main camp, then pack our sleeping bags and hike up T-Bone to a gorgeous star-viewing spot. Look through telescopes at the stars and planets and sleep out under the Milky Way. Astronomy Club members: \$10, Non-members: \$20.

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## Senior & Ambassador Club Events

### Pie Tasting

Thursday, March 14

6:30-8:30pm

Program Center, Spokane

Celebrate National Pie Day and eat pie! Topics of discussion: college and post-high school plans, start planning for backpacking this summer.

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### Indoor Rock Climbing

Thursday, May 9

6:30-8:30pm

Program Center, Spokane

Explore the rock wall and challenge yourself to the toughest routes. Topics of discussion: backpacking this summer, next year ideas, how to change perceptions of Girl Scouts. Come dressed in comfy shoes and clothes—no sandals!

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### Frisbee & Picnic at the Park

Thursday, June 13

6:30-8:30pm

Program Center, Spokane

Play some Frisbee and eat snacks. Topics of discussion: summer plans, looking forward to fall.







### Mechanical Engineering Design Challenge

\$10 \$10 \$10 \$10

1-4pm

Saturday, March 2

Program Center, Spokane

Earn the Mechanical Engineering Design Challenge patch when you participate in our Water Sampling Design challenge! Explore the science of buoyancy and hydraulics, while working with a team to problem solve and meet a real world challenge. *Patch included.*

### Build & Launch a Hobby Rocket

\$10 \$10 \$10 \$10

9am-2pm

Saturday, March 9

Eastern Washington University, Cheney

Rockets and Engineering have worked together like peanut butter and jelly for as long as anyone can remember, but did you know hobby rockets come in all shapes and sizes? Join the EWU's Rocketry Club as they walk us through building, decorating, and launching a glider, weather depending. At the end of the day, you will get to take your glider home.

### Robotics 1: What Robots Do



10-11:30am

Saturday, March 9

Spark Central, Spokane

Girls will work on their Robotics 1: What Robots Do Badge with Spark Central staff. They will have the unique opportunity to get hands-on experience with Oozebots. *Girls must be accompanied by an adult.*

### Escape Game—Belonging to Unicorns

\$13

10am-12pm

Saturday, March 16

Camp Four Echoes, Worley

Have you ever wanted to try an Escape Game? A baby unicorn has been captured by Unicorn Hunters. You and your team have an hour to solve puzzles, crack codes, and find the key to rescue this little unicorn and help her to the rainbow path where she can live with the other unicorns.

### Escape Game—Belonging to Unicorns

\$13

2-4pm

Saturday, March 16

Camp Four Echoes, Worley

Have you ever wanted to try an Escape Game? A baby unicorn has been captured by Unicorn Hunters. You and your team have an hour to solve puzzles, crack codes, and find the key to rescue this little unicorn and help her to the rainbow path where she can live with the other unicorns.

### Fit for Bloomsday, Fit for Life—Girl Scout Style!



March-May

Wherever you are!

Bloomsday is just around the corner. Are you ready? Over this 8-10 week program, you will track your distance, get training tips, and earn certificates when you complete trainings goals. For more information contact Lani Nachtsheim: [lnachtsheim@gsewni.org](mailto:lnachtsheim@gsewni.org).

\*You don't need to live in the Spokane area to participate. \$2 for patch.



## april

### Spring Break Day Camp: Animal Planet

\$30 \$30 \$30 \$30

9am-4pm

April 1-5

Program Center, Spokane

Experience the Animal Kingdom as you spend the week exploring topics in Zoology. You'll visit Cat Tales and your inner animal will ROAR with excitement! Interested in volunteering as a Program Assistant (PA)? Contact: [culrich@gsewni.org](mailto:culrich@gsewni.org). Extended care available starting in summer for \$5 am/ \$5 pm. \$30/Day, minimum of three days.

### STREAM Girls: Train the Trainer

\$10

8am-4:30pm

Saturday, April 6

St. George's School, Spokane

GSEWNI is proud to present our first volunteer training for this program. Learn the history of STREAM and participate in a STREAM experience. STREAM Girls (Science, Technology, Recreation, Engineering, Art, Math) is an experiential outdoor activity designed for girls age 11-14, and covers: aquatic bug sampling, stream flow study, fly tying, casting, and so much more! GSEWNI needs YOU to help bring STREAM girls to our council. Volunteers don't need to be experienced to facilitate; just have a strong desire to mentor our future leaders in conservation and fly fishing. This exclusive training will focus on event planning and teaching techniques, while maximizing fun. Once you have completed the training, you can host an event with your girls. GSEWNI has all the materials ready to check out, at no cost. Out of town volunteers attending the training may stay in the hostel at no charge.

## Outdoor Rock Climbing \$55 \$55 \$55 \$55 \$55

Saturday, April 13

9am-1pm

Vantage

Peak 7 Adventure's Rock Climbing trips are exciting and rewarding experiences for anyone up for the challenge. Their climbing trips are designed to teach and push participants to new heights, while instilling confidence and trust in themselves and others. No experience necessary. Climbing shoes, harnesses, and helmets for participants will be provided. *Girls must be accompanied by an adult.*

## Journey in a Day—Brownie: "Wonders of Water" \$30 \$20

Saturday, April 13

9am-12pm

Program Center, Spokane

Troops will work on their *Wonders of Water* Journey. By the end of the event, girls will complete all but one of the requirements to earn this Journey and have a solid plan for their Take Action project. *This event is open only to girls and their troop leaders or accompanying adult.*

## Journey in a Day—Daisy: "5 Flowers, 4 Stories, 3 Cheers for Animals" \$30 \$20

Saturday, April 13

2-5pm

Program Center, Spokane

Troops will work on their *5 Flowers, 4 Stories, 3 Cheers for Animals* Journey. By the end of the event, girls will complete all but one of the requirements to earn this Journey and have a solid plan for their Take Action project. *This event is open only to girls and their troop leaders or accompanying adult.*

## STREAM Girls \$5 \$5

Saturday and Sunday, April 13-14

9am-4:30pm

St. George's School, Spokane

STREAM Girls (Science, Technology, Recreation, Engineering, Art, Math) is an experiential outdoor activity designed for girls age 11-14. Get an in-depth, hands-on experience of a stream from the perspective of a Scientist, an Artist, and an Angler. Wade in the stream and record in journals the plants, animals, and terrain that make up the riparian area. You'll also learn how to tie flies based on the bugs you find, and go fishing with that fly, if water levels are appropriate. Overnight accommodations available, if accompanied by an adult. *Lunch and patch included. \$20 for non-registered Girl Scouts.*

## Horseback Riding \$40 \$60

Friday, April 19

5-6pm

Red Mountain Trails, Benton City

Enjoy a one-hour horseback riding tour through the world class vineyards of Red Mountain.

## Bonfire and Wagon Ride \$5

Friday, April 19

6-7:30pm

Red Mountain Trails, Benton City

Kick off spring with a fun, 20-minute, scenic wagon ride with family and friends, and then sit back and relax around a warm bonfire. *The vendor will have limited table and chairs available and guests are encouraged to bring food for a tailgating-style family visit.*

## Learn About Renewable Energy

Saturday, April 20

9:30am-1pm

University of Idaho, Moscow

In honor of Earth Day, take a tour of the University of Idaho's biodiesel lab, then go to a nearby classroom for some hands-on learning. After the lesson, take a ride on the Vandal Trolley for a campus tour, then finish with lunch at the "Arboretum".

## Camp Skills and Sing-a-Long \$5

Saturday, April 20

6-9pm

Cascade Park, Moses Lake

Enjoy a few hours of camp fun learning how to safely build and extinguish a campfire and then enjoy roasting marshmallows and singing songs around a warm campfire. Patch included. *Girls must be accompanied by an adult.*

## Earn the Junior Horseback Riding Badge \$22

Saturday, April 20

12-1:30pm

Red Mountain Trails, Benton City

Complete all of the steps to earn the Junior Horseback Riding Badge. The program will include: an overview of the different types of tack, how to catch, groom, saddle, and feed a horse, how to mount and dismount safely, and trail safety and etiquette. Plus, you get a 1/2-hour trail ride. Includes badge, instruction, and loaner helmets and boots.



## Horseback Riding \$40 \$60

Saturday, April 20

5-6pm

Red Mountain Trails, Benton City

Enjoy a one-hour, horseback riding tour through the world class vineyards of Red Mountain.

## Bonfire and Wagon Ride \$5

Saturday, April 20

6-7:30pm

Red Mountain Trails, Benton City

Kick off spring with a fun, 20-minute, scenic wagon ride with family and friends, and then sit back and relax around a warm bonfire. *The vendor will have limited table and chairs available and guests are encouraged to bring food for a tailgating-style family visit.*

# may



## Archery 101 \$10 \$10 \$10 \$10

Saturday, May 4

10am-12pm OR 1-3pm

Hells Gate State Park, Lewiston

Join us for an introduction to archery. Learn about safety and archery equipment (parts of the bow, arrow material, etc.), and then enjoy a session of practicing shooting skills.

## Camp Skills and Sing-a-Long \$5

Saturday, May 4

6-9pm

Yakima Sportsman State Park, Yakima

Enjoy a few hours of camp fun learning how to safely build and extinguish a campfire and then enjoy roasting marshmallows and singing songs around a warm campfire. Patch included. *Girls must be accompanied by an adult.*

## Car Care 101 ● ● ●

Tuesday, May 7

4-6pm

Program Center, Spokane

Led by a trained Spokane County Deputy, this class will cover everything a driver should know. Learn about: safe driving, what to do if you're involved in an accident, what to keep in an emergency kit, and how to maintain vehicles. Learn and practice how to change a flat tire, check fluids, and properly use jumper cables. Although the program is designed to cover the Car Care Badge requirements, anyone can attend.

## Mechanical Engineering Design Challenge \$10

Wednesday, May 8

6:30-8:30pm

Program Center, Spokane

Earn a Mechanical Engineering Design Challenge Badge when you participate in our Leap Bot challenge! Explore the science of springs, and build a leaping mechanical robot. *Badge included.*

## Journey in a Weekend—Cadette: "Think Like an Engineer" \$60 \$35

May 10-12

Check-in 5pm; Check-out 11am

Camp Four Echoes, Worley

Troops will work on their Think Like an Engineer Journey, as they enjoy the great outdoors at camp! By the end of the weekend, girls will complete all but one of the requirements to earn this Journey and have a solid plan for their Take Action project. *This event is open only to girls and their troop leaders or accompanying adult.*

## Outdoor Essentials Basic Training \$35

May 10-11

Check-in 5pm; Check-out 6pm

Camp Four Echoes, Worley

Learn the basic skills needed to have fun and keep girls safe in the outdoors. Activities include: hiking etiquette, rainy day activities, flag ceremonies, campfires, outdoor games, minimal impact camping, basic knots, knives, lanterns and stoves, tent and cabin camping, fire building, simple outdoor cooking methods (including nosebag, stick, one pot, skillet, Dutch oven, box oven, and foil with various heat sources), and camping trip planning (including basic health and safety, packing, and dressing for the weather).

## Camp Skills and Sing-a-Long \$5

Saturday, May 18

6-9pm

Robinson Park, Moscow

Enjoy a few hours of camp fun learning how to safely build and extinguish a campfire and then enjoy roasting marshmallows and singing campfire songs. Patch included. *Girls must be accompanied by an adult.*

## Mechanical Engineering Design Challenge \$10

Saturday, May 18

10am-12pm

Desert Springs Covenant, Pasco

Earn the Mechanical Engineering Design Challenge Badge when you participate in our Paddle Boat challenge! Explore the science of converting potential energy into kinetic energy, and test and improve your results. *Badge included.*

## Mechanical Engineering Design Challenge \$10 \$10 \$10

Saturday, May 18

1-4pm

Desert Springs Covenant, Pasco

Earn the Mechanical Engineering Design Challenge patch when you participate in our Water Sampling challenge! Explore the science of buoyancy, while working with a team to problem solve and meet a real world design challenge. *Patch included.*

## Outdoor Essentials Basic Training \$35

Saturday, May 18

Check-in 9am; Check-out 8pm

Hood Park, Burbank

Learn the basic skills needed to have fun and keep girls safe in the outdoors. Activities include: hiking etiquette, rainy day activities, flag ceremonies, campfires, outdoor games, minimal impact camping, basic knots, knives, lanterns and stoves, tent and cabin camping, fire building, simple outdoor cooking methods (including nosebag, stick, one pot, skillet, Dutch oven, box oven, and foil with various heat sources), and camping trip planning (including basic health and safety, packing, and dressing for the weather).

## Inventioneering \$4 \$4

Thursday, May 23

6:30-8pm

Dalton Gardens Church of Christ, Coeur d'Alene

Invent with us! Build, engineer, test, and prototype an invention for each challenge. Decide where and how to use a motor, whether to use wheels or not, and how to connect the pieces of your machine.

## Family Camp \$60

May 24-27

Check-in: Fri. 5-8pm or Sat. after 8am  
Check-out: Monday 11am

Camp Four Echoes, Worley

Who says camp fun is just for the kids? Enjoy the magic of Camp Four Echoes and unplug for your next family vacation. There will be scheduled waterfront time and s'mores, but the rest of the weekend is for you to reconnect and create lasting memories with your loved ones. *Meals are not included; bring a camp stove and enough food for your family. \$60 per cabin.*

# june



## Bike the Hiawatha Trail \$18 \$18 \$18 \$18 \$25

Saturday, June 1

11am-4pm approx.

Hiawatha Trail; near Plummer

Enjoy a beautiful bike ride along 15 miles of the Hiawatha Trail (mostly downhill), including a two-mile ride through the dark St. Paul Pass Tunnel. Limited bikes, helmets, and required headlights are available at no additional cost on a first-come, first-served basis. Participants aged 13 and under must be accompanied by an adult and all riders must have some experience riding a bike for at least one mile.

## Outdoor Essentials Basic Training \$35

June 14-15

Check-in 6pm; Check-out 8pm

Hells Gate State Park, Lewiston

Learn the basic skills needed to have fun and keep girls safe in the outdoors. Activities include: hiking etiquette, rainy day activities, flag ceremonies, campfires, outdoor games, minimal impact camping, basic knots, knives, lanterns and stoves, tent and cabin camping, fire building, simple outdoor cooking methods (including nosebag, stick, one pot, skillet, Dutch oven, box oven, and foil with various heat sources), and camping trip planning (including basic health and safety, packing, and dressing for the weather).

## White Water Rafting \$44 \$44 \$44 \$44 \$44

Saturday, June 15

2-5pm

Spokane River, Spokane

Join us for this exclusive seven-mile, two-hour, whitewater rafting adventure for Girl Scout family and friends only. Your professional guide will take you through two Class III rapids through Riverside State Park. There will be plenty of swimming and games to play along the way.

## Raft Guide Training \$64 \$64 \$64

Monday, July 8

8am-4pm

Spokane River, Spokane

Interested in more than just a rafting trip? Want to learn the ins-and-outs of being a guide? Led by certified Wiley E. Waters staff, you'll have the unique opportunity to spend the day on the river learning about river hydraulics & features, technical guide skills, and river safety. This program is open to Girl Scout family and friends. Lunch is included. *This is a basic skills course, participants will not earn any certifications.*

## Troop's First Campout \$10 \$10 \$10

July 12-14

Check-in 5pm; Check-out 11am

Camp Four Echoes, Worley

Host your Troop's first camping trip at Camp Four Echoes! Troops must provide their own meals, activities, and first aid. Camp staff will be available to help guide your troop through the process of fire building, cooking out, and other camping skills. Camp will provide lifeguards for two waterfront activities during the weekend.

## Celebrate National Girl Scouts in State Parks ●

July 13-14

Join Girl Scouts across the country as we partner with our local State Parks to get every girl outdoors. For a complete description of events happening, visit our website. *Price TBD.*

## Girl Scout Day at Silverwood ●

Saturday, July 20

11am-9pm

Silverwood, Athol

Bring your family and friends to Silverwood for a fun day in the sun. *Ticket prices vary.*

## Outdoor Discovery Weekend \$10

July 26-28

Check-in 5pm; Check-out 11am

Camp Four Echoes, Worley

Enjoy summer troop camping at Camp Four Echoes! All troops will have the opportunity to make a splash in the lake, explore their creative side with arts & crafts, and enjoy nature on a relaxing hike. *Meals and Camp Four Echoes t-shirt included.*

## Scenic River Float \$34

Saturday, July 27

2-5pm

Spokane River, Spokane

Cool off as you enjoy a peaceful, two-hour float down the Spokane River. There will be plenty of swimming and games to play, led by professional river guides.





# august

## Guided Rafting Adventure \$45

Saturday, August 3

Upper Yakima River, Yakima

Enjoy a 3.5-hour, professionally guided, rafting adventure down the Upper Yakima River. You'll navigate roughly 15 miles of beautiful river, meandering through farmlands, islands, basalt cliffs, and one class II rapid. During your adventure, be prepared to stop for a refreshing swim and to play river games from the raft. You will also have the opportunity to explore the historic railway tunnel that has been turned into the Iron Horse State Park. *Participants should be able to swim. \$10 lunch is optional. Ages 3+*

## Just the 2 of Us \$75

August 16-18

Check-in 5pm; Check-out 11am

Camp Four Echoes, Worley

This weekend is open to all Girl Scouts and their favorite person (guy or gal). Take a tour of camp with your loved one, swim in the lake, explore your creative side with arts and crafts, or simply enjoy spending time in the outdoors. Meals included.

## Girl Scout Night with the Spokane Indians \$6

Saturday, August 24

6:30-9:30pm

Avista Stadium, Spokane

Enjoy a fun evening of baseball, say hello to Otto, watch the fireworks display after the game, and have the opportunity to campout on the field with your family overnight. *\$6 reserved bench seats or \$12 upper box seats + \$2 Campout tickets (optional).*

## fall programs sneak peek



### Lego Robotics Info Meetings

Learn more about teams participating in the First Lego League Robotics programs: FLL Jr for grades K-3, FLL for grades 4-8, and First Tech Challenge for grades 8-12. Meet other interested girls and parents and start forming teams. If you don't live in one of these areas, but are interested in finding out more, contact Cory Ulrich at: [culrich@gsewni.org](mailto:culrich@gsewni.org). Five registered Girl Scouts and at least one committed coach are required before being able to receive sponsorship from GSEWNI.

**Coeur d'Alene: Tuesday, September 10, 6:30-7:30pm, Hayden Community Library, Hayden**

**Tri-Cities: Wednesday, September 11, 6:30-7:30pm, Kennewick Branch Library, Kennewick**

**Spokane: Thursday, September 12, 6:30-7:30pm, Program Center, Spokane**

### Camp Like a Girl

Outdoor Essentials—Basic and Advanced Training  
September 13-15, Martin Scout Ranch, Pilot Rock

### National Observe the Moon Night - Astronomy Club Event

Saturday, October 5, Spokane Area

### Spooky Science

October 12, Tri-Cities

### Spooky Science & Escape Room

Saturday, October 19, Program Center, Spokane





## meet our program team!

### **Lani Nachtsheim— Girl Experience Director**

Lani graduated from Central Washington University with a Bachelor's in Recreational Management. With over 20 years experience working in youth development, she is excited to bring girls together to create fun and meaningful experiences.



### **Marcy Mastel— Resident Camp Director/Outdoor Program Specialist**

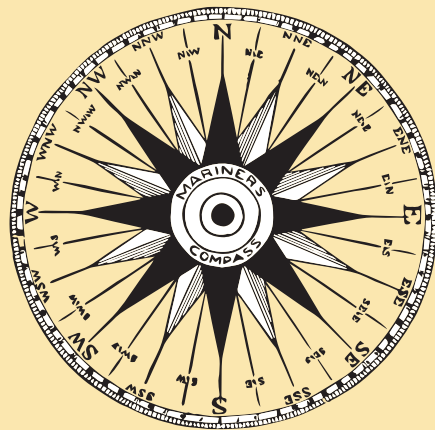
Marcy is a Gold Award Girl Scout and lifetime member. She grew up attending camp at Camp Four Echoes and transformed her love of the outdoors into an opportunity to teach at an outdoor science school. She has been the director at three Girl Scout camps! With over 25 years of camp experience, she is still just as excited about each new adventure girls experience as she was on her first day of witnessing it.




### **Cory Ulrich— Day Camp Director/Program Specialist**

Cory graduated from Whitman College with a Bachelor's in German Studies and Sociology. She went on to obtain her Master's in Teaching at Lewis and Clark College. In addition to her schooling, she also managed to gain 15 years of experience in camping, as a youth attendee and as a staff member. Cory is excited to integrate STEM activities into our Girl Scout programming.





  
**girl scouts**  
of eastern washington  
and northern idaho

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Girl Scouts of Eastern Washington and Northern Idaho

# MAP TO CAMP



# spokane program center day camp

Day Camp offers a variety of different themed weeks that incorporate STEM, arts and crafts, cooking, drama, swimming, and other skill-building fun. Girls can participate in new and traditional Girl Scout activities while making new friends, developing their leadership skills, and making lasting memories. Each day, girls lead the way by planning their own activities with their camper group and counselors.

## CAMP FEES

Girl Scout Member: \$30/Day, three day minimum, per session

Non-Girl Scout Member: \$42/Day, three day minimum, per session

## CAMP HOURS AND EXTENDED CARE

Camp hours are 9am to 4pm, Monday through Friday (except July 4-5). Before and after care is available from 7:30-9am and 4-5:30pm for \$10 per day. If only AM or only PM is needed, the cost is \$5 per day.

## MEALS

Lunch and a light snack are provided daily. Breakfast is available during extended care only.



## GRADE K-8

### SESSION 1: DIGGIN' IT

Explore the field of archeology as you dig up fossils, learn about what information is preserved in the rocks all around us, and make your own fossils preserved in clay.

**June 17-21**

### SESSION 2: LEAVE NO TRACE

Focus on developing your outdoor skills as we get out and hike, cook outdoors, build shelters, and become good citizens of our ecosystem.

**June 24-28**



### SESSION 3: LEAN ON ME

A core component of the Girl Scout Promise is "To help people at all times..." Join us as we celebrate America's birthday with a special week of learning leadership skills, building teamwork, and utilizing problem-solving tactics, as you participate in projects designed to help our community.

**July 1-3**

### SESSION 4: MAKIN' A SPLASH I

Cool off at the pool, at the splash pad, or on a scenic river float along the Little Spokane River. You'll be sure to get splashed every day as you make new friends. *Must be 2nd grade or older to participate in river float.*

**July 8-12**

### SESSION 5: THE GREAT OUTDOORS

Come explore with us as we go hiking and learn about the natural beauty and wonder of our area. Pick huckleberries, learn to use compasses, and go geocaching, as we spend almost all of our time out in the wilderness this week.

**July 15-19**

### SESSION 6: MAKIN' A SPLASH II

Cool off as the heat turns up at the pool, at the splash pad, and with all sorts of water sports. You'll be sure to get splashed every day as you make new friends.

**July 22-26**



### SESSION 7: NATURE NATURALLY

Discover your inner scientist as you learn about ecosystems, composting, building terrariums, and more! This week, you will also explore the outdoors as you learn how plants in our environment keep our world clean, and investigate the dangers of pollution.

**July 29-August 2**

### SESSION 8: IT'S A SMALL WORLD

Join us for a week of international adventure! Experience the cultures of different countries as you learn how to make different dishes and meet people from different lands, all while enjoying the fun of camp.

**August 5-9**

### SESSION 9: MAKING IT

Become an expert DIY-er by completing fun challenges and making stuff! Be a paper artist, woodworker, machinist, and crafter, as you design and engineer cool projects all week.

**August 12-16**

### SESSION 10: COLOR ME AWESOME

Celebrate the last week of the summer by wearing colors all week to represent your group, write camp songs, and compete against other groups for the most camp spirit! We'll also investigate the science of colors and tie dye t-shirts.

**August 19-23**



## GRADE 9-12



### SESSION 1: EXTREME WATER SPORTS

Spend your days out on the water this week as you polish your skills in canoeing, sailing, and kayaking. Take a trip out of Spokane almost every day to experience the different rivers and lakes of our area.

**June 17-21**

GS Member: \$225; Non-Member: \$285



### SESSION 2: HIGH ADVENTURE

Learn to work as a team as you spend time above the ground this week on low and high ropes challenge courses. You will also get to know your team as you take a long day hike high above the Spokane Valley.

**June 24-28**

GS Member: \$225; Non-Member: \$285



### SESSION 3: CAMP PROS

Interested in volunteering at camp this summer? Learn to take a leadership role at camp as a Counselor Assistant (CA). Plan trips and hikes, practice advanced outdoor cooking techniques, learn to belay on the rock climbing wall, and practice fun games and songs to play with younger campers.

**July 1-3**

### SESSIONS 4-10: COUNSELOR ASSISTANTS

Want to earn some volunteering hours and have a blast at the same time? Apply to be a CA at camp this summer! Contact Cory Ulrich at: [culrich@gsewni.org](mailto:culrich@gsewni.org) for an application. Must have some past leadership experience (PA training, etc.) to qualify, and be willing to commit to the entire week.



# Grades 1-3

## BUSY BEES

Discover what the Buzz is about! Be as busy as a bee this week as you earn the Outdoor Art Creator Badge. Sing songs, dance, swim, explore, and roast s'mores. Bee-fore you hit the hay after a busy bee kind of day, wind down at your own slumber party!

**Week 2: June 30-July 3**

**GS Member: \$245; Non-Member: \$305**



## FUN IN THE SUN

This is your chance to explore all that Camp Four Echoes has to offer! Swim in the lake, play new games, sing silly camp songs, explore your creative side through arts & crafts, and so much more!

**Week 3: July 7-12**

**GS Member: \$365; Non-Member: \$425**

## CAMP PEEPS

Camp people are the best kind of friends to make! Come to camp and meet some new friends and do what camp peeps do: go swimming, hike around in the woods, cook out, sing, play games, and just have fun together. *Exclusive patch included.*

**Week 5: July 21-26**

**GS Member: \$365; Non-Member: \$425**

## SPLASHING AROUND

Are you a mermaid at heart? Do you enjoy spending your summer splashing around? Then this is the camp for you! You'll be splashing all week long! Let your splashing inspire you as you make crafts, cook out, sleep under the stars, and do all the other fun camp activities.

**Week 6: July 28-August 2**

**GS Member: \$365; Non-Member: \$425**

## SPLISH SPLASH

At the lake, it's only appropriate to make a splash! Let's get soaked while swimming, paddle boating, and taking aim with water balloons. Complete your week with a luau on the beach. Invite all your friends to join in the splish-splash fun!

**Week 7: August 4-7**

**GS Member: \$245; Non-Member: \$305**





# Grades 4-5

## RIGABAMBOO

Want to make a huge fort to sleep in? Wear your pajamas all day? Have a mud fight at the marsh? Do all this and more the entire week. Together with your friends, you'll be able to plan new and crazy things to do at camp, and let your imagination run wild!

**Week 1: June 23-28**

**GS Member: \$365; Non-Member: \$425**

## JUST CAMP

Summer is the best because it's filled with lots of fun things to do like playing outside, hanging out with friends, swimming or paddle boarding, trying a new craft project, roasting marshmallows by a fire, or sleeping in a hammock under the stars. Where can you do all these things? Only at camp!

**Week 1: June 23-28**

**GS Member: \$365; Non-Member: \$425**

## CAMPER SAMPLER

This is your chance to try a bit of everything at camp. Archery, boating, water balloon sling shots, swimming, and hiking are just a few of the things to choose from. Make new friends while trying new things!

**Week 2: June 30-July 3**

**GS Member: \$245; Non-Member: \$305**

## ON TARGET



Merida, Katniss, and Neytiri are all fictional characters that make archery look fun. And it is! This week, you'll hone your skills through practice and training, and when you aren't at the archery range, you will be enjoying all the other adventures that camp has to offer. Be among the first to hit a bullseye, and then shoot a flaming arrow into Windy Bay at closing campfire! *Exclusive patch included.*

**Week 2: June 30-July 3**

**GS Member: \$245; Non-Member: \$305**

## ART ON THE LAKE

Brush stroke by brush stroke, design and paint your masterpieces. With the help of our resident artist, discover the Picasso within you while experimenting with different paints, paper, canvas and scenery. Maybe this is how Van Gogh got started! *Earn the Outdoor Art Explorer badge.*

**Week 3: July 7-12**

**GS Member: \$365; Non-Member: \$425**

## SHUTTERBUG

Click, click, click! Do your friends and family automatically smile and say "cheese" whenever they see you reach for your camera or phone? Maybe they know you are always capturing the moment with a photo? Could Shutterbug be your camp nickname? There are endless opportunities for taking photos at camp! Learn more about lighting, setting up a shot and the elements that make up a great photo. Dig a little into photo editing to get the most out of your picture-taking. Enjoy the activities and bring home special photo memories. *Exclusive patch included.*

**Week 3: July 7-12**

**GS Member: \$365; Non-Member: \$425**

## SOCIAL BUTTERFLY

The dictionary says, "A social butterfly is someone who is social or friendly with everyone, flitting from person to person, the way a butterfly might." The word social comes from the Latin *socius* meaning "friend." When you're social, you're everyone's friend. Earn the Social Butterfly badge while enjoying many kinds of camp activities with a host of new friends!

**Week 4: July 14-19**

**GS Member: \$365; Non-Member: \$425**

## NIGHT OWLS

Adjust your eyes and ears for moonlight camp adventures! Take an evening canoe trip to the marsh and hear a symphony of night dwelling wildlife. Stay up late, sleep in, then rise in time for late morning camp activities.

**Week 4: July 14-19**

**GS Member: \$365; Non-Member: \$425**

## CAMP OUTSIDE THE BOX

Everything this week is too big to fit in the box! You'll build and play life-sized games, work as a team to complete quirky challenges, and still have time to enjoy a few "regular" camp activities. This week will be larger-than-life!

**Week 5: July 21-26**

**GS Member: \$365; Non-Member: \$425**



## JUMP IN THE LAKE

Splash your way to the most fun you'll have all summer! Compete in sunken canoe races, jump in for your lunch, play slippery watermelon, and create your own water games. You should totally try to sink a canoe and paddle around in it—that's splasherific!

**Week 6: July 28-August 2**

**GS Member: \$365; Non-Member: \$425**

## WATER, WATER EVERYWHERE

When you're at the lake, there's only one thing to do. Play in the water! Wade in it, splash with it, take pictures of it, go fishing in it, boat on it, and swim in it. Add water games, water experiments, water-color painting, water balloon archery, and so much more. You'll be waterlogged by the time you go home!

**Week 7: August 4-7**

**GS Member: \$245; Non-Member: \$305**

## I AM ME!

You've heard that each person is different and unique and it's true...let's celebrate it! Maybe you're really into hair and makeup, or maybe you're really into sports, or maybe you're really into both! Let's try some new things to see what kinds of stuff you like to do and hang out with people who like some of those same things. There are no rules about what you're "into" as long as you're having fun at camp! *Exclusive patch included.*

**Week 7: August 4-7**

**GS Member: \$245; Non-Member: \$305**

# Grades 6-8

## JUST CHILL

School and extra activities have kept you on-the-go all year. Get ready for down time, hanging with friends, and just having fun. The agenda for the week is wide open, so be ready to decide how to spend your time. Do some cool tie-dye activities, check out the archery range, and maybe plan to sleep in one morning? It's all up to you!

**Week 1: June 23-28**

**GS Member: \$365; Non-Member: \$425**

## BACK TO BASICS

You love coming to camp, making new friends, and creating lasting memories, but sometimes you really just want to get back to the basics of camping. This week, you will experience cooking over an open fire or backpacking stove, sleeping under the stars, packing up a canoe and simply enjoying the great outdoors. You'll spend some time at camp and some time out of camp as you challenge yourself on an overnight trip that will let you use all the great outdoor skills that make you a Back to Basics kind of girl.

**Week 1: June 23-28**

**GS Member: \$365; Non-Member: \$425**

## WHIRLWIND!

This shorter, five-day session is for campers who are busy this summer, but don't want to miss out of the fun of camp. Swim, boat, have a cookout, and choose activities in the arts & crafts room; do a little bit of everything! Your camp session may be short, but the memories will last forever.

**Week 2: June 30-July 3**

**GS Member: \$245; Non-Member: \$305**

## CAMP LIKE YOU MEAN IT

We know you can't wait for camp because we can't either! Get out your duffel bag and be ready, because when you arrive you're going to hit the ground running. We're not stopping until we've enjoyed every last drop of fun. Bring a friend and join some new ones, because we're going to camp like we mean it!

**Week 3: July 7-12**

**GS Member: \$365; Non-Member: \$425**

## CANOE THE COEUR D'ALENE

Use your girl power to explore Windy Bay and more as you paddle around the lake. Learn basic strokes and the anatomy of a canoe, as well as how to plan for a safe trip. This session includes a three-day, canoe trip complete with cooking outdoors, sleeping in tents, and a special trip for ice cream. Attending campers should be comfortable in and out of the water. *Exclusive patch included*

**Week 3: July 7-12**

**GS Member: \$365; Non-Member: \$425**

## NOCTURNALS

Switch out day for night and don't forget your flashlight! Take a midnight hike and go on an evening boat adventure. Enjoy a midnight celebration, play "Mission Impossible," and watch the sunrise.

**Week 4: July 14-19**

**GS Member: \$365; Non-Member: \$425**



## THE GREAT ESCAPE

Have you wondered about the Escape Games? Perhaps you've been to one and caught the excitement of deciphering riddles, cracking codes, unraveling clues, and working with a team to solve the mystery? Experience our Puzzle Room at Camp Four Echoes and have a little fun learning to work as a team. Then amplify the challenge by visiting a local Escape Game and match wits with the pros! Finally, take what you've learned and create a few puzzles and codes for other campers to solve. *Exclusive patch included.*

**Week 4: July 14-19**

**GS Member: \$365; Non-Member: \$425**

## BULLSEYE

You've tried it, liked it, and now you want to spend a lot more time at the archery range! Sharpen your skills like the tip of an arrow and increase your abilities as an archer. You'll earn the Cadette Archery badge, of course. And this year we begin a new tradition at C4E: anyone who hits a bullseye gets to shoot a flaming arrow into Windy Bay at closing campfire! *Exclusive patch included.*

**Week 5: July 21-26**

**GS Member: \$365; Non-Member: \$425**



## YOU DO YOU

Finding your own style and look is important. You want to look good, but not like everyone else. What kind of look do you want? Learn more about skin care, make up, and creating a look that makes you happy and expresses who you are. Be confident in the person you are! Miss Rodeo Washington 2013 will be joining us to share her experiences and tips on how to do you! *Exclusive patch included.*

**Week 5: July 21-26**

**GS Member: \$365; Non-Member: \$425**

## INTRO INTO SAILS

Ride the wind at Windy Bay. Balance on a board, rig sails, and use the wind to your advantage. Paddle board, windsurf, and sail your way to fun this week. Take the opportunity to learn how to harness the wind, and enjoy the rush of skimming along the water. *Exclusive patch included*

**Week 5: July 21-26**

**GS Member: \$365; Non-Member: \$425**

## FILMING FRENZY

Filmmaking involves a number of stages including: taking an initial story through screenwriting, shooting, editing, and screening the finished product before an audience...so let's get started! Camp provides a variety of opportunities for budding filmmakers, and with our resident experts, you'll get a chance to create a short film at camp. You'll have the best audience as the rest of us get a private screening on the last day of camp, so get ready to take a bow! *Exclusive patch included.*

**Week 6: July 28-August 2**

**GS Member: \$365; Non-Member: \$425**



## EVERYTHING H2O

Jump into the H2O and have some fun! Spend the hot summer days in and on the water—boating, paddle boarding, canoeing, swimming, and diving for your lunch! Let the waves inspire you to craft, create a skit, and learn new songs.

**Week 7: August 4-7**

**GS Member: \$245; Non-Member: \$305**





# Grades 7-9

## IDAHO ADVENTURES

Go for epic! Enjoy the beauty of the Northwest while you challenge yourself cycling on the Hiawatha Trail, riding the longest zip line in the Pacific Northwest, and paddling on a 3-4 hour canoe trip on Lake Coeur d'Alene. Come join the quest for excitement—adventure awaits! *Participants must have basic cycling skills to participate in this program. Exclusive patch included.*

**Week 1A: June 23-July 3**

**GS Member: \$570; Non-Member: \$630**

## CANOE NORTH IDAHO

If you love to canoe, then this is the camp for you! Begin your adventure reviewing the basics of canoeing, tripping, and learning the skills needed for navigating on moving water. Your thrilling trip will last days, but the memories will last a lifetime. *Participants must have some canoeing experience to participate in this program. Exclusive patch included.*

**Week 1A: June 23-July 3**

**GS Member: \$575; Non-Member: \$645**

## PEDAL POWER

Get moving while learning basic bike safety and repair techniques before pedaling out for a couple of days (and nights)! This is one bike trip you'll always remember. We provide the bike, helmet, and other basic gear. Be sure to bring your sense of adventure because you're in for the ride of a lifetime. *Participants must have some biking experience to participate. Exclusive patch included.*

**Week 6A: July 28-August 7**

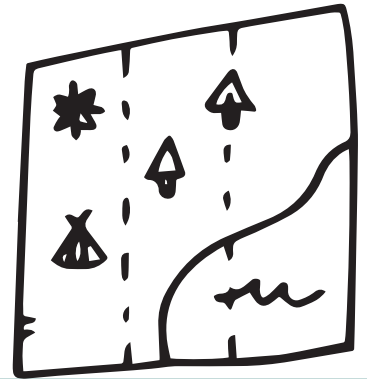
**GS Member: \$550; Non-Member: \$610**

## SAILS IN THE WIND

This 11-day camp experience is going to draw upon your prior experiences. You'll balance on a board, rig sails, and use the wind to your advantage. Paddle boarding, windsurfing, and sailing will also be included in this session. *The intent of this program is to build on previous windsurfing or sailing experience and gain more advanced skills. First-time sailors should consider the Intro to Sails program. Exclusive patch included.*

**Week 6A: July 28-August 7**

**GS Member: \$550; Non-Member: \$610**



# Grades 8-12

## KICK IT UP A NOTCH!

So you want to attend camp, but you don't want to do the same old things that you've done before? It's time to take camp fun to the next level. We're not cooking spaghetti and making s'mores, we're making linguine with clam sauce and chocolate fondue for dessert! We're not making friendship bracelets, we're designing chic jewelry pieces. We're not going swimming, we're swimming across Windy Bay! What else can you do to kick up a notch?

**Week 4: July 14-19**

**GS Member: \$365; Non-Member: \$425**

## OUR OWN BACKYARD

Why travel for fun things to do, when we can have a ton of fun right here in our own backyard? During your week at camp, you'll be enjoying the fun things that North Idaho has to offer. You'll have the chance to ride a bike on the Centennial Trail, find some geocaches in and around Coeur d'Alene, and finish off your week with a trip to Timberline Adventures for a ride on their zipline. It's going to be non-stop fun, and we don't have to go far to find it!

**Week 6: July 28-August 2**

**GS Member: \$450; Non-Member: \$510**

# Leadership Programs

## ADVENTURES IN LEADERSHIP

Take the first step toward camp and outdoor leadership. This session focuses on the skills you'll need to become an epic camp counselor. Discover and nurture your leadership qualities, while earning your Volunteer in Training (VIT) Award. You will have the opportunity to shadow staff members as well as lead activities with younger campers, while planning an all-camp activity.

**Week 1A: June 23-28**

**GS Member: \$500; Non-Member: \$560**

## CIT 1

The next step in camp and outdoor leadership is CIT 1, where you'll focus on the skills necessary to work with campers. Learn the importance of working as a team and what positions are needed to successfully run a camp program. Visit another camp's CIT program, shadow camp staff, and learn more about what to expect from campers. This is your opportunity to plan and implement an all-camp activity and spend time in another unit. You will also have the unique opportunity to participate in a river guide training, where you will focus on developing leadership and river skills through hands-on experience.

**Week 3A: July 7-19**

**GS Member: \$525; Non-Member: \$585**

## CIT 2

Part three of the Counselor-In-Training program allows you to learn the "ins and outs" of Camp Four Echoes, as you dig deeper into leadership practices and the steps necessary to create a safe community for campers. Develop and teach a specialty, while using Safety Standards and Activity Checkpoints. Put it all into action when you spend a week working side-by-side with camp staff. *Bonus: In celebration of your success—a trip to Silverwood Theme Park!*

**Week 5A: July 21-August 7**

**GS Member: \$550; Non-Member: \$610**







# resident camp at camp four echoes

For over 80 years, girls have been attending Camp Four Echoes on Lake Coeur d'Alene. As a premier outdoor camp, campers have the opportunity to participate in archery, STEM, waterfront activities, hiking, develop outdoor skills, challenge themselves on our low ropes course, and develop their leadership skills!

## CARE PACKAGES

Tell Your Camper "I LOVE YOU" from home! Surprise her with a special Care Package that will be delivered during her stay at camp. Packages include something to cuddle, track her adventures, and several other treasures. \$38

## CAMP ACCOMMODATIONS

We have six units (campsites), each with a unique style of cabin structure. Girls will either stay in cabins, chalets, gazebos, teepees, or treehouses! Each unit has trained counselors, housed in separate quarters within the unit.

## MEALS

We strive to provide well-balanced, girl-approved meals throughout the summer. To accommodate all campers, we offer vegetarian, gluten-free, nut-free, and dairy-free options at each meal, if it is stated on the camper's Health History form. If you feel that your child's dietary restrictions need more specific attention, please contact the Camp Director at least two weeks in advance to ensure your camper's nutritional well-being.

## TRANSPORTATION ADD-ONS

### Weeks 1-7

\$20/Girl

Stops at the Program Center in Spokane and the Shopko in Coeur d'Alene.

*Transportation is available from camp on closing days only.*

### Week 3

July 7 & 12

\$50/Girl (Roundtrip)

Tri-Cities

Transportation is available between the Tri-Cities and Camp Four Echoes round-trip, except for the CIT 1 program. One-way only transportation will be available during this session (\$25/Girl).

### Week 5

July 21 & 26

\$10/Girl (Roundtrip)

Yakima and Ellensburg

Transportation is available between Yakima and Ellensburg and Camp Four Echoes roundtrip, except for the CIT 2 program. One-way only transportation will be available during this session (\$5/Girl).

## DISCOUNTS

### Early Bird:

All registrations received by April 1 will receive 10% off.

### Refer-a-Friend:

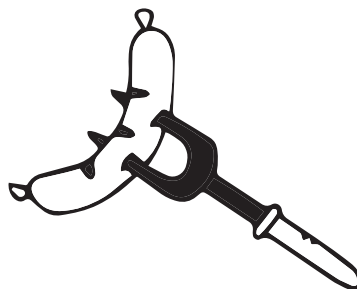
When a camper brings a friend that is a new (or hasn't attended since 2017) camper to C4E, both girls are eligible to receive \$40 off their camp sessions. Girls do not need to attend the same session. Enter code **2019FRIEND** and include referring camper's name at checkout. Referring camper will receive a discount within 4 weeks after her friend has attended camp.

### Sibling:

If sisters, or girls living in the same household, both attend camp, they each receive \$15 off their registration. Enter code **2019SIBLING** at checkout. Each sibling must be registered individually to receive the discount.

### Multiple Session:

If a girl registers for more than one session at camp, she receives \$40 off each additional session. Enter code **2019MULTI** at checkout. If registering for three or more sessions, contact [customer@gswni.org](mailto:customer@gswni.org) to receive additional discounts.







## general camp information



### MEMBERSHIP

Never been a Girl Scout? Join May 1–July 31 for only \$45. With an extended year membership, you receive the benefits of being a Girl Scout during the 2019 and 2020 membership year. Are you a returning member? You can still pay the Girl Scout camp fee if you re-register for the 2019 membership year for only \$30.

### REGISTRATION

Preregistration is required for each camp session. A non-refundable deposit (**\$30 for Day Camp, \$50 for Resident Camp**) is required at the time of registration. All session fees must be paid in full and camp forms must be completed and returned **no later than two weeks** before the start of the camp session.

### PAYMENT

Camp fees may be paid with Cookie Dough, cash, money order, Visa, MasterCard, debit, or a check made payable to GSEWNI. Cookie Dough must be processed at the Council office or by contacting:  
**(509) 747-8091 ext. 200.**

### FINANCIAL ASSISTANCE

GSEWNI strives to make camp available to all girls, regardless of a family's economic situation. Girls must be currently registered Girl Scouts to apply. For more information visit: [gsewni.org](http://gsewni.org). Applications must be received at least four weeks before the start of the camp session.



### CANCELLATION & REFUND POLICIES

GSEWNI reserves the right to cancel any camping session or program. If GSEWNI must cancel a program, a full refund will be issued, if we cannot place your child in an alternative program. For cancellations within two weeks of the session start date, neither the deposit nor any additional payments will be refunded. In the event of a medical condition that causes cancellation, a full refund will be given with written notification from a physician. If a girl leaves camp early or arrives late due to homesickness, behavior concerns, or for any other reason, there will be no refund or prorated fees.

### SUMMER STAFF

Our Camp Directors recruit and hire skilled staffers who have program experience and a sincere desire to work with girls. Staff are hired locally, as well as from across the United States, and from other countries. Our international staff give campers the opportunity to broaden their global perspectives. All of our staff pass a background check, are Red Cross First Aid/CPR certified, and attend an intensive pre-camp training program that includes program design, behavior management, health and safety, and outdoor camping skills (resident camp).

We are always looking for qualified staff to fill positions such as: seasonal maintenance, kitchen staff, and camp counselors. Interested individuals can apply online at: [gsewni.org](http://gsewni.org).

### QUESTIONS?

Do you have questions regarding special circumstances, health care, or other camp related topics? Please contact: [activities@gsewni.org](mailto:activities@gsewni.org).

