Girl Scouts Eastern Washington and Northern Idaho Top Rope Rock Climbing Patch Earner's Name: _____

Center:

| Date | Task |
|------|---|
| | Describe and wear appropriate clothing and footwear for rock climbing |
| | Show how to thread the rope back through the figure 8 knot to make a double figure 8 |
| | knot; OR demonstrate correct carabiner use to attach a climber to the rope. |
| | Describe or identify each of the following vocabulary words: |
| | • Harness |
| | • Carabiner |
| | • Top Rope |
| | • Jug |
| | • Rappel |
| | • Belay/Belayer |
| | • Climber |
| | Explain the safety precautions we take while using a rock climbing wall |
| | Learn and use the correct verbal signals while climbing |
| | Climb to the top of a beginner route and correctly rappel back down (it's okay to fall or |
| | rest!—just keep trying!) |

The bells show how hard you've worked to master the art of rock climbing! Don't expect to be able to earn them all at once!

Yellow Bell:

Climb to the top (at least 18 feet) of an easy beginner route (rated 5.2-5.5) without resting in your harness or falling.

Accomplished on _____ Witnessed + Celebrated by: _____

White Bell:

Climb to the top (at least 18 feet) of an advanced beginner route (rated 5.6-5.9) without resting in your harness or falling.

Accomplished on _____ Witnessed + Celebrated by: _____

Red Bell:

Climb to the top (at least 18 feet) of an intermediate route (rated 5.10-5.11) without resting in your harness or falling.

Accomplished on _____ Witnessed + Celebrated by: _____

Purple Bell:

Climb to the top (at least 18 feet) of an advanced route (rated 5.11-5.13) without resting in your harness or falling.

Accomplished on _____ Witnessed + Celebrated by: _____