

Girl Scouts Eastern Washington & Northern Idaho
Camp Four Echoes
1404 N. Ash Street
Spokane, WA 99201

Dear Campers and Parents/Guardians,

Welcome to a Counselor-in-Training program at Camp Four Echoes. We're excited that you'll be joining us at camp this summer!

In this program, you'll have the unique opportunity to focus more on your leadership skills and the outdoor skills needed to become a camp counselor. You will get the chance to interact in a group of people that may be much different than yourself and to learn what it takes to bring people together as a team with a common goal. Please bring with you any notebooks or resources that you may have collected from previous leadership trainings, such as Program Aide, Event Staff, Day Camp, etc.

If you are attending CIT-C, it's important that you notice that you will be arriving at camp on June 24th and then **leaving camp on July 6th, returning on July 9th**. Resident camp will not be in session July 7-8th for a staff break and campers will not be able to stay in camp. The assistant camp director can help co-ordinate car-pools for parents/guardians that would like this option. If you ride the bus to camp, we will only charge you for one bus ride. The first days of your training will be spent in review and preparation for shadowing and other hands-on leadership experiences during the second portion of your training.

When the CIT-C's arrive back in camp on July 9th, they will be joined by the CIT-B's who will be sharing their unit, CIT Director and some of the same training sessions. While the CIT-C's are starting on the second portion of their training, the CIT-B's will be starting the next level of their training. We are excited for you all to have the chance to get to know other CIT's that will likely be working together as staff in the next few years! CIT-C's will leave camp on July 13th and the CIT-B's will leave camp on July 20th. At this time, CIT-C's that have successfully completed their training will have the option of applying to be Apprentice Counselors July 15 through August 10, 2012.

If you are attending CIT-A and CIT-B, your sessions will overlap other camp sessions. This will give you the chance to see how different length programs are led. There will also be a wide age-range of campers attending each session. There will be a Friday evening through Sunday morning between those sessions where your group will be the only campers in camp and you will have the opportunity to cook your own meals and have a slumber party in the lodge, if you'd like! It's a great time for some more intensive training sessions.

A typical day at camp may look like this:

- 7:00 Wake up
- 7:45 All-Camp Flag Ceremony
- 8:00 Breakfast
- 8:45 Camp “Kapers” (duties that everyone performs daily to help keep camp clean and tidy)
- 9:30 Songleading Workshop
- 10:30 Age Characteristics Workshop
- 11:30 Make sack lunches
- 12:00 Have a Floating Lunch on the paddle boats
- 1:30 Me Time in the cabins
- 2:30 Challenge Course
- 4:30 Swimming
- 5:45 All-Camp Flag Ceremony
- 6:00 Dinner
- 7:00 Crafts with the Arts/Crafts Specialist
- 9:30 Get ready for bed (All-Camp quiet hour is 10:00 pm)

Make sure you bring a plain white t-shirt, pillowcase or anything else you would like to tie-dye or decorate. That’s a very popular activity at camp!

If you have any questions, please feel free to call or email anytime!

Jayn “*Handy*” Courchaine

Seasonal Camp Director

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January 16-June 1, 2012, 800-827-9478

June 2-August 28, 2012, 208-664-6827

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